



Statin Therapy for Patients with Cardiovascular Disease (SPC)

HEDIS® Measurement Year 2024

Measure description: This measure captures the percentage of males 21–75 years of age and females 40–75 years of age during the measurement year, who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and met the following criteria. The following rates are reported:

1. Received Statin Therapy. Members who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.
2. Statin Adherence 80%. Members who remained on a high-intensity or moderate-intensity statin medication for at least 80% of the treatment period.

Measure adherence

Adherence for the SPC measure is determined by the member remaining on their prescribed high or low intensity statin medication for 80% of their treatment period. This is determined by pharmacy claims data (the plan will capture data each time the member fills their prescription).

The medications the NCQA lists in the HEDIS specifications to the right. This is a general list and should not replace the advice or care you provide your patients regarding what is optimal to meet their healthcare needs.

High- and moderate-intensity medications

Description	Prescription
High-intensity statin therapy	Atorvastatin 40-80 mg Amlodipine-atorvastatin 40-80 mg Rosuvastatin 20-40 mg Simvastatin 80 mg Ezetimibe-simvastatin 80 mg
Moderate intensity statin therapy	Atorvastatin 10-20 mg Amlodipine-atorvastatin 10-20 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg Ezetimibe-simvastatin 20-40 mg Pravastatin 40-80 mg Lovastatin 40 mg Fluvastatin 40-80 mg Pitavastatin 2-4 mg

Low-intensity medications

Description	Prescription
Low-intensity statin therapy	Simvastatin 5-10 mg Ezetimibe-simvastatin 10 mg Pravastatin 10–20 mg Lovastatin 10-20 mg Fluvastatin 20 mg

Tips for improving medication adherence

- Develop a medication routine with each patient if they are on multiple medications that require them to be taken at different times
- Utilize pill boxes or organizers
- Advise patients to set up reminders and alarms for when medications are due
- Discuss potential side effects and ways to treat the side effects of medications