Mountain Health Promise

Value-added benefits overview

Gifts		
	Tablet or laptop	A free tablet (ages 13 to 17) or laptop (ages 18+) for qualifying children in the foster care system
	Birthday in a Box	Get a "birthday in a box," which includes a gift for complex members
	Essential needs duffle bag	Personal care and hygiene items bag for children entering the foster care system (ages 4-17 years)
Wellness visits and screenings		
	Earn $25	Complete yearly well care visit (ages 12 to 21 years)
$50	Earn $50	Complete cervical cancer screening/pap test (ages 21-64)
Vaccines and lead screening		
	Earn $50	Complete 2 flu shots before age 2
	Earn $50	Complete human papillomavirus (HPV) vaccine immunizations before age 13
$25	Earn $25	Complete lead screening test before age 2
	$25 WV state park gift card	Receive annual flu shot (members age 18 and older)
Disease management		
$25	Earn $25	Enroll in a diabetes education program and complete A1C testing
E	Earn $50	Complete yearly diabetic eye exam (members age 18 and older)
	Calming Comfort Collection	Members with anxiety diagnosis or multiple ACE score of 2 or higher can select from memory foam pillow, calming warming bear, essential oil set/diffuser, mini sound machine, or LED therapy light

Extra benefits depend on your eligibility and have a maximum limit

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Aetna Better Health® of West Virginia

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Care and safety		
	Earn $25	Complete an ATV rider safety and training course
	Medication lockbox	Available to secure narcotic medications
	Caring Closets	Newly displaced children can receive $100 twice/year to help with cost of clothing
School and learning		
	Afterschool programs	Aetna Better Health will pay $100 toward the cost of any 4H-related activity
	Camp scholarships	Children's health-related summer camp scholarships available
	CSED graduation box	A box of motivational items and activities provided upon graduation from the CSED program.
Pregnancy and birth care		
	Cribette or baby carrier	Enroll in the Moms and Babies program
	Cribette	Complete six prenatal visits with your provider
	Diaper Club	Reloadable card that can be used for diapers
	A toy for baby's first birthday	Complete the Moms and Babies program
Ted E. Bear, M.D., Cub Club		
	Members 13 years of age and under earn rewards for healthy activity challenges, such as exercising, fire safety, mental health, reading and teeth brushing. To become a Cub Club member, call Member Services at **1-888-348-2922** (**TTY**: **711**).	

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To learn more about eligibility for these benefits, contact Member Services at 1-888-348-2922. (TTY: 711)