

# HEDIS® News You Can Use

Aetna Better Health® of West Virginia



## Let's Improve Appropriate Use of Antibiotics Together!

### Appropriate Treatment for Upper Respiratory Infection (URI)

#### **i** Measure Requirements:

Percentage of members 3 months of age and older who were given a diagnosis of upper respiratory infection and were not dispensed an antibiotic prescription.

- Higher rate indicates appropriate treatment (i.e. the proportion for whom antibiotics were NOT prescribed).

### Avoidance of Antibiotic Treatment in Adults With Acute Bronchitis/ Bronchiolitis (AAB)

#### **i** Measure Requirements:

Members 3 months of age and older with a diagnosis of acute bronchitis/bronchiolitis who were not dispensed an antibiotic prescription.

- Higher rate indicates appropriate treatment of adults with Acute Bronchitis (i.e. the proportion for whom antibiotics were NOT prescribed).

### Appropriate Testing for Pharyngitis (CWP)

#### **i** Measure Requirements:

Percentage of members 3 years of age and older who were diagnosed with pharyngitis, dispensed an antibiotic and received a group A streptococcus (Strep) test for the episode.



#### Coding Information

##### Group A Strep Test CPT:

- 87070
- 87071
- 87081
- 87430
- 87650-87652
- 87880





## Common Reasons for Gaps in Care:

- Receiving a script for an antibiotic for a viral infection, without a concurrent diagnosis that would require an antibiotic
- CWP - Receiving an antibiotic without a strep test/confirmed strep dx and filling the prescription when not necessary
- Concurrent diagnosis/diagnoses not coded on a claim that require an antibiotic (i.e. sinusitis, otitis media, etc.)



## HEDIS Lunch and Learn Webinar Series

### It's HEDIS medical record abstraction season!

We know how busy your office will be! We will pause the Lunch and Learn Webinars to give you a break and will resume June 2021. Be on the lookout for an e-mail invitation, and be sure to share with your co-workers. You can find the most recent Lunch and Learn information on our website:

<https://www.aetnabetterhealth.com/westvirginia/providers/hedis/hedis-webinars>



## Great Resources

<https://www.cdc.gov/antibiotic-use/community/for-hcp/outpatient-hcp/adult-treatment-rec.html>

<https://www.cdc.gov/antibiotic-use/community/for-hcp/outpatient-hcp/pediatric-treatment-rec.html>

<https://www.cdc.gov/groupastrep/diseases-hcp/strep-throat.html>



## Patients trust you:

Patients consider you their most trusted source of information when it comes to their health. When talking to patients, encourage and allow time for questions.



## Here for you!

**Thank you for the care you provide to our members!**

For questions or for more information, please contact Shelly Rouse, ABHWV Quality HEDIS Manager at

**ABHWVHEDIS@aetna.com or 304-348-2923.**



## Best Practices

- Educate members and parents regarding symptomatic treatment and when to contact the PCP.
- Educate regarding bacterial versus viral infections. Educate that an antibiotic is not necessary for viral infections, and if rapid strep test and/or culture is negative.
- Educate and recommend symptomatic/conservative treatments such as OTC medicine and comfort measures.
- If there are no transportation issues, consider not giving parent/guardian a prescription and instead have them call your office in three days if child is not feeling better.
- Perform a group A Strep Test on all individuals treated with an antibiotic for pharyngitis.
- Ensure the appropriate use of antibiotics for individuals with acute bronchitis/bronchiolitis will help them avoid harmful side-effects and possible resistance to antibiotics over time.
- Be sure to code for the strep test when submitting the claim.
- Be sure to code for ALL appropriate diagnoses relevant to the visit.
- Code for concurrent bacterial infections/diagnoses.
- FQHCs/ RHCs – When billing a T1015 encounter code, it is essential to also list on the claim the actual CPT/ HCPCS procedures codes to identify the services included in the encounter.
- Use appropriate testing/symptom documentation to correlate with antibiotic prescription.
- If there is a competing diagnosis requiring antibiotics, be sure documentation and coding accurately reflect diagnosis/diagnoses.

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