

Substance Use Disorder Waiver Form Service Authorization Review ASAM Levels 3.1/3.3/3.5/3.7/OP

Initial Request

Extension Request

Discharge

Fax Form to Respective Health Plan Using Contact Information Below PLEASE TYPE INFORMATION IN THIS FORM – MUST BE COMPLETED BY CREDENTIALED ADDICTION TREATMENT PROFESSIONAL Supporting clinical information may be documented on last page or attached to this form For request to transition level of care, please treat as Initial Request

| MEMBER INFORMATION | | | | | |
|---|-----------|--------------|---|--|--|
| Today's Date: | Adr | nit Date: | | | |
| First Name: | Last Na | me: | | | |
| Member ID: | | | | | |
| Address: | | | | | |
| City: | State: | 2 | ip: | | |
| Phone: | Date of | f Birth: | | | |
| Parent/Guardian Name: | Phone: | | | | |
| Does the member have additional health insurance? | Yes 🗌 | No 🗌 | | | |
| If yes, please provide additional information: | | | | | |
| | | | | | |
| PROVIDE | | | | | |
| | COURT | ORDER 📖 🍡 pl | his is a court ordered request ease include a copy of the cou der with the request. | | |
| REFERRING PROVIDER | | | | | |
| Name: | Specia | lty: | | | |
| NPI: | NPI: TIN: | | | | |
| Office Contact Name: | | | | | |
| Phone: | Fax: | | | | |
| Address: | | | | | |
| City: | S | tate: | Zip: | | |
| SERVI | CING PRO | DVIDER | | | |
| Name: | Spe | ecialty: | | | |
| NPI: | | TIN: | | | |
| Office Contact Name: | | | | | |
| Phone: Fax: | | | | | |
| Address: | | | | | |
| City: | | State: | Zip: | | |

| | SERVICING FACILITY | | | | | | |
|---|--------------------|------------------|--|-------------|----------------------------------|---------------|--|
| Name | 2: | | | Spec | ialty: | | |
| NPI: | | | | TIN: | | | |
| Office | e Contact Name: | | | | | | |
| Phon | e: | | | Fax: | | | |
| Addre | ess: | | | | | | |
| City: | | | | State: Zip: | | | Zip: |
| Disch | arge Planner Nam | ie: | | Phon | ie: | | |
| | | (Enter prima | ICD-10 DIAGN ry and any applicable of | | | ignosis codes |) |
| 1. | | | 3. | | | 5. | |
| 2. | | | 4. | | | 6. | |
| | | | PLACE O | OF SER | VICE | | |
| | sed Behavioral He | ealth Center: | Residential Substand | ce Abus | se: | Opioid Trea | atment Program (OTP): |
| Othe | r: 🛄 | | TYPES OF SERVIO | | | | |
| | | | Il information, provid t. If this is a court-or | der co | ntact informat request, pleas | | other required documents copy of the court order with |
| Outp | atient: 🗌 | | Substance Abuse Re | habilita | abilitation: Intensive Out | | utpatient Service: 🗌 |
| Partial Hospitalization Program: Other: | | | | | | | |
| | | | ASAN | M LEVI | ELS | | |
| | ASAM LOC | DE | SCRIPTION | | С | ODE | UNITS/DAYS REQUESTED |
| | 3.7 | Residential Adul | t Services ASAM Lev | el 3.7 | H2036 | U7 HF | |
| | 3.5 | Residential Adul | t Services ASAM Lev | el 3.5 | H2036 | U5 HF | |
| | 3.3 | Residential Adul | t Services ASAM Lev | el 3.3 | H2036 | U3 HF | |
| | 3.1 | Residential Adul | t Services ASAM Lev | el 3.1 | H2036 | U1 HF | |
| | ОР | Peer Recovery | Support Specialist Serv | vices | H00 | 38 | |
| | OP | Methadone Med | lication Assisted Treats (MAT) | ment | H00 | 20 | |
| | | | | _ | | | |
| | | | | | | | |

| SUBSTANCE USE DISORDER TREATMENT HISTORY (Describe other ASAM Levels of Care utilized in past 12 months or attach clinical note) | | | | | |
|---|------------------|----------|-------------------|---------|--|
| ASAM Level of Care | Name of Provider | Duration | Approximate Dates | Outcome | |
| | | | | | |
| | | | | | |
| | | | | | |

| MEDICATION Please list medications, start date, dosage, frequency and prescriber below (or attach medication list) | | | | |
|---|------------|--------|-----------|------------|
| Name of Medication | Start Date | Dosage | Frequency | Prescriber |
| | | | | |
| | | | | |
| | | | | |

ASSESSMENT AND SCORING Please complete ratings section below using ASAM risk rating:

- 0- No risk or stable: Current risk absent. Any acute or chronic problem mostly stabilized.
- 1- **Mild:** Minimal current difficulty or impairment. Minimal or mild signs and symptoms. Any acute or chronic problems soon able to be stabilized and functioning restored withminimal difficulty.
- 2- **Moderate:** Moderate difficulty or impairment. Moderate signs and symptoms. Some difficult coping or understanding but able to function with clinical and other support services and assistance.
- 3- **Significant:** Serious difficulties or impairment. Substantial difficulty coping or understanding and being able to function even with clinical support.
- 4- **Severe:** Severe difficulty or impairment. Serious, gross or persistent signs and symptoms. Very poor ability to tolerate and cope with problems. Is in imminent danger.

DIMENSION 1 | Acute Intoxication and/or Withdrawal Potential

| \square | No withdrawal | | |
|-----------|--|--|--|
| | Moderate withdrawal symptoms not requiring 24-hour intensive or acute hospital setting | | |
| | Patient has the potential for life threatening withdrawal | | |
| | Patient has life threatening withdrawal symptoms, possible or experiencing seizures or Delirium Tremens (DT's) or other adverse reactions are imminent | | |
| Pro | Provide brief summary of the member's needs/strengths for Dimension 1 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT): | | |
| | | | |
| | | | |
| | | | |
| AS | SAM Level Score as defined above: (0-4) | | |
| Pro | ovide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via achments). | | |

| | DIMENSION 2 Biomedical | | | |
|---|--|--|--|--|
| | Conditions/Complications | | | |
| | None or not sufficient to distract from treatment | | | |
| | None/stable or receiving concurrent treatment – moderate stability | | | |
| Severe instability requires 24-hour medical care in licensed medical facility. May be the result of life-threatening withdrawal or other co-morbidity | | | | |
| Provide brief summary of the member's needs/strengths for Dimension 2 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT): | | | | |

ASAM Level Score as defined above: (0-4)

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

| DIMENSION 3 Emotional/Behavioral/Cognitive Conditions | | | | |
|---|--|--|--|--|
| | None or very stable | | | |
| | Needs structure to focus on recovery as these conditions can distract from recovery efforts | | | |
| | Moderate stability, cognitive deficits, impulsive or unstable MH issues | | | |
| | Severe EBC. Requires acute level of care. Exhibits life-threatening symptoms (posing imminent danger to self/others) | | | |
| | Severe instability, high safety risk, very unstable may be related to substance use in addition to substance requires 24-hour psychiatric care | | | |
| Prov | Provide brief summary of the member's needs/strengths for Dimension 3 (OR ATTACH CLINICAL NOTES WITH ASAM ASSESSMENTS): | | | |
| | | | | |
| ASA | M LEVEL Score as defined above: (0-4) | | | |

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments)

| | DIMENSION 4 Readiness to Change | | | | |
|------|--|--|--|--|--|
| | Readiness for recovery but needs motivating and monitoring strategies to strengthen readiness, or needs ongoing monitoring and disease management | | | | |
| | Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment several times per week to promote change | | | | |
| | Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment almost daily to promote change. | | | | |
| | Has marked difficulty with treatment or opposition due to functional issues or ongoing dangerous consequences | | | | |
| | Poor impulse control, continues to use substance despite severe negative consequences (medical, physical or situational) and requires 24-hour structured setting | | | | |
| Prov | ide brief summary of the member's needs/strengths for Dimension 4 (OR ATTACH CLINCIAL NOTES WITH ASAM ASSESSMENT): | | | | |
| | | | | | |
| ASA | M Level Score as defined above: (0-4) | | | | |
| | ide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via chments) | | | | |

| | DIMENSION 5 Relapse, Continued Use or Continued Problem Potential | | | |
|-------|---|--|--|--|
| | Minimal support required to control use, needs support to change behaviors | | | |
| | High likelihood of relapse/continued use or addictive behaviors, requires services several times per week | | | |
| | Intensification of addiction and/or mental health issues and has not responded to active treatment provided in a lower level of care. High likelihood of relapse, requires treatment almost daily to promote change | | | |
| | Does not recognize the severity of treatment issues, has cognitive and functional deficits | | | |
| | Unable to control use, requires 24-hour supervision, imminent dangerous consequences | | | |
| Provi | Provide brief summary of the member's needs/strengths for Dimension 5 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT): | | | |
| | | | | |
| ASA | ASAM Level Score as defined above: (0-4) | | | |
| Provi | Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments). | | | |

| DIMENSION 6 Recovery/Living Environment | | | | |
|---|--|--|--|--|
| | Supportive recovery environment and patient skills to cope with stressors | | | |
| | Not a fully supportive environment but patient has some skill to cope | | | |
| | Not a supportive environment but can find outside supportive environment | | | |
| | Environment is dangerous, patient needs 24-hour structure to learn to cope | | | |
| | Environment is imminently dangerous; patient lacks skills to cope outside of a highly structured environment | | | |
| Provide brief summary of the member's needs/strengths for Dimension 5 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT): | | | | |
| | | | | |
| | | | | |
| | | | | |
| ASAM Level Score as defined above: (0-4) | | | | |
| Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments). | | | | |



| 1. List current SMART goals. | | | |
|------------------------------|--|--|--|
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2. Describe how the member is progressing under the current treatment plan.

3. Document the revised treatment goals.

4. Discharge.

Barriers to discharge:

Estimated discharge date:

Follow Up Appointment (Date, Time & Location):

Address the member was discharged to and phone number:

SIGNATURE OF ADDICTION TREATMENT PROFESSIONAL COMPLETING THE FORM

Name (print):

| Signature/Credential: | Date: |
|-----------------------|-------|
| | |



PLEASE SEND FORM TO THE DESIGNATED HEALTHCARE PLAN USING THE CONTACT INFORMATION BELOW FOLLOWING THE TIME FRAME REQUIREMENTS IN THE ARTS PROVIDER MANUAL.

| CONTACT INFORMATION | | |
|--------------------------------------|----------------|---|
| Managed Care Organization | Phone Number | Fax Number |
| Aetna Better Health of West Virginia | (888) 348-2922 | (866) 366-7008 |
| The Health Plan | (800) 624-6961 | (866) 616-6255 |
| UniCare Health Plan of West Virginia | (866) 655-7423 | (Inpatient) (855) 325-5556 (Outpatient) (855) 325-5557 |