

# HEDIS® News You Can Use

Aetna Better Health® of West Virginia

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## Let's Improve Healthy Childhood Habits Together!

### Weight Assessment & Counseling for Nutrition & Physical Activity for Children (WCC)

#### **i** Measure Requirements:

Members who turn 3-17 years of age in the measurement year who had an outpatient visit with a PCP or OB/GYN.

**Ages 3-17 years** who had evidence of the following in the measurement year:

- BMI percentile or BMI percentile plotted on growth chart. (A BMI value alone is not valid)
- Counseling for nutrition.
- Counseling for physical activity.

#### Patients trust you:

Patients consider you their most trusted source of information when it comes to their health. When talking to patients, encourage and allow time for questions.



#### Resources:

[American Academy of Pediatrics Obesity Resources](#)

[Bright Futures Guidelines and Pocket Guide](#)

[CDC Healthy Weight, Nutrition, and Physical Activity Resources](#)



#### Coding Information:

##### BMI Percentile

- **ICD-10 CM:** Z68.51-Z68.54

##### Nutrition Counseling

- **ICD-10 CM:** Z71.3
- **CPT:** 97802-97804
- **HCPCS:** G0270, G0271, G0447, S9449, S9452, S9470

##### Physical Activity Counseling

- **ICD-10 CM:** Z02.5, Z71.82
- **HCPCS:** G0447, S9451



#### Here for you!

**Thank you for the care you provide to our members!**

For questions or for more information, please contact **Sherry Griffith** at [ABHVVHEDIS@aetna.com](mailto:ABHVVHEDIS@aetna.com).



## Common WCC Gaps in Care:

- **General:** Notation of “Health Education” or “Anticipatory guidance given” **without specific mention of nutrition and physical activity** does not meet criteria.
- Documentation specific to the assessment or treatment of an acute or chronic condition does not meet compliance for Nutrition or Physical Activity.
- **BMI** A BMI value only does NOT meet compliance! MUST be a BMI Percentile, along with height and weight.
- Ranges and thresholds do NOT meet criteria for BMI percentile. For example, documentation stating BMI 85th-95th percentile does not meet criteria. A distinct BMI percentile is required.
- **Nutrition:** A physical exam finding or observation alone (e.g. well-nourished) is not compliant because it does not indicate counseling for Nutrition.
- Nutrition status related to an acute illness does not meet criteria (i.e. BRAT diet).
- Nutrition related to appetite only does not meet criteria for nutrition.
- Documentation regarding diet related medication side effects do NOT meet counseling for nutrition criteria (i.e. discussion of ADHD medication side effects on appetite).
- **Physical Activity:** Anticipatory guidance related solely to safety does not meet criteria for physical activity (i.e. “Wear bike helmet”).
- Screen time documentation without specific mention of physical activity does not meet criteria.
- Physical Activity is most missed for younger children in this measure, particularly 3-4 year olds. Be sure to document physical activity assessment and counseling for all ages 3-17!
- Notation of “cleared for gym” alone without documentation of a discussion does not meet criteria.
- Documentation related only to assessment of a developmental milestone does not meet compliance (i.e. “patient able to ride a bicycle,” “patient able to hop on one foot”).
- Documentation within an acute visit and related to an injury does NOT count (i.e. “patient broke hand during a basketball game” or “patient sprained ankle while jumping on the trampoline”).



## Best Practices

### Tips to improve WCC HEDIS® performance:

- Chart review can be minimized for all measure components by submitting complete coding on the claim when performed.
- For paper charting, plot BMI percentile on the BMI growth chart (not only height and weight growth charts), or document the BMI percentile in the note.
- For EMR charting, be sure system is activated to automatically plot the BMI percentile and/or automatically populate a BMI percentile field in the note. Also, be sure the EMR system will print the BMI percentile.
- Weight or Obesity counseling (HCPCS G0447) meets criteria for BOTH nutrition and physical activity. However, this must be clearly documented as weight and/or obesity counseling.
- Referral to the WIC Program may be used to meet the criteria for Nutrition.
- At a minimum, discuss eating habits, exercise/sports routines, along with daily screen time. (Screen time alone will not count).