



HEDIS[®] Lunch and Learn

Prenatal and Postpartum Care

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What are HEDIS® Lunch and Learns?



Lunch and Learns will reinforce and elaborate on HEDIS News You Can Use information

Monthly Webinars: 30 minutes, 1 HEDIS topic



Prenatal and Postpartum Care

Prenatal and Postpartum Care (PPC)- Prenatal

Who is in the measure?

- The percentage of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.

What makes the member compliant?

- The percentage of deliveries that received a prenatal care visit (with an OB/GYN or PCP) in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.

**Hybrid
methodology**

**Chart review
allowed**

However...coding!



Prenatal and Postpartum Care (PPC)- Prenatal cont.

What makes the member compliant (cont.)?

If chart review needed:

Documentation must include the visit date and evidence of one of the following:

- Documentation indicating pregnancy, such as:
 - Documentation in a standardized prenatal flow sheet, documentation of LMP, EDD or gestational age, a positive pregnancy test result, documentation of gravidity and parity, or documentation of prenatal risk assessment and counseling/education
- A basic physical obstetrical examination that includes:
 - Auscultation for fetal heart tone, pelvic exam with obstetric observations, or measurement of fundus height (a standardized prenatal flow sheet may be used)
- Prenatal Care Procedure, such as:
 - obstetric panel, TORCH antibody panel alone, rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing, or ultrasound/echography





Prenatal and Postpartum Care (PPC)- Postpartum

What makes the member compliant?

Postpartum visit on or **between 7 & 84 days** after delivery (OB/GYN or PCP)

If chart review needed:

Documentation must indicate visit date & evidence of one of the following:

- Pelvic exam, *or*
- Examination of breasts (or notation of breastfeeding), abdomen, weight and BP, *or*
- Notation of postpartum care, including “postpartum care”, “PP care”, “PP check”, “6-week check”, or a preprinted “Postpartum Care” form in which information was documented during the visit, *or*
- Perineal or cesarean incision/wound check, *or*
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders, *or*
- Glucose screening for women with gestational diabetes, *or*
- Documentation of any of the following topics:
 - Infant care or breastfeeding, resumption of intercourse, birth spacing or family planning, sleep/fatigue, resumption of physical activity, or attainment of healthy weight

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However...coding!

Prenatal Immunization Status (PRS)

The percentage of deliveries in the Measurement Period in which women had received influenza and tetanus, diphtheria toxoids and acellular pertussis (Tdap) vaccinations.



Coding Information

PPC: Providers will need to bill the delivery code and the postpartum visit code separately to be reimbursed. Use code **59430** to indicate that a postpartum visit occurred.

Refer to the **Provider Toolkit** for additional coding information.

PRS: For a list of codes, please email us at ABHWVHEDIS@aetna.com.

Provider Incentives Program:



Provider Incentive Program:

All providers—Encourage postpartum visit on or between 7 & 84 days after delivery For each claim we receive, billed under code 59430, you will receive

\$75.

Be sure to call our office at 888-348-2922 for more details and the most up-to-date information.

Member Incentives Program:



Member Incentives Program:

Pregnant members (Prenatal Care)

Pack-N-Play: 6 or more prenatal visits.

Pregnant members (Postpartum Care)

\$50 Gift Card-: Postpartum visit completed 7-84 days after delivery.

Gaps in Care

Challenges

Why Gaps in Care?



- **No-show appointments requiring rescheduling resulting in late or missed opportunities for postpartum appointment**
- **Members' lack of understanding the importance of prenatal immunizations or fear regarding receiving vaccinations while pregnant**

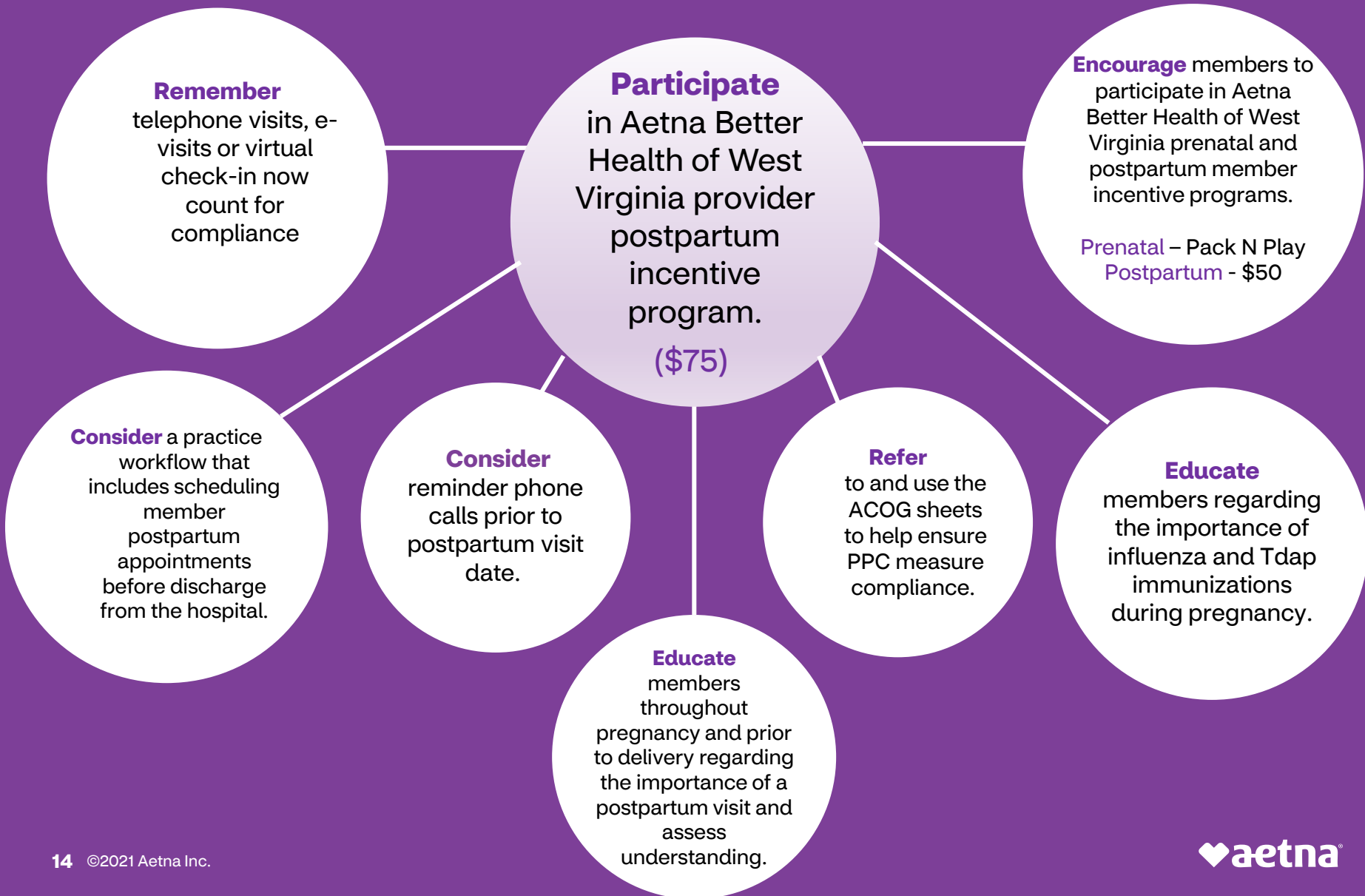


- **Difficulties arranging childcare to attend appointments**
- **Members may perceive that a postpartum appointment is not necessary if they feel fine**



- **Potential substance use issues impacting member motivation/ability to schedule and attend a postpartum appointment**
- **Potentially behavioral health and/or substance use appointments taking priority for the member during the postpartum period**

Take-Away Actions- Prenatal and Postpartum Care



ABHWV website

NEW Provider HEDIS Section

There is now a HEDIS tab within the Provider Tab on the ABHWV website. The following are now available:

1. **What is HEDIS?** – a short description of HEDIS
2. **HEDIS News You Can Use** –emailed to providers each month and will be available on the website, including current and prior months
3. **HEDIS Toolkit For Provider Offices** – comprehensive document of all HEDIS measures, including a coding/billing section. This is updated annually or sooner as needed.
4. **HEDIS Lunch and Learn Webinars For Providers** – monthly webinars such as the one today. Links for past webinars and invite information for the next upcoming Lunch and Learn will be here.

<https://www.aetnabetterhealth.com/westvirginia/providers/hedis>

Closing Thoughts and Resources

Members trust you!

Patients consider you their most trusted source of medical information.

Your guidance and encouragement is critical in their prenatal and postpartum care management.

Allow time for discussion and questions. Hearing your answers can help patients feel more confident and comfortable.

ABHWV Quality Partnerships

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Other Resources

ABHWV Integrated Care Management

Refer member to Aetna Better Health of West Virginia Case Management:

- Fax to 844-330-1001
- Call 1-888-348-2922

Great Resources:

<https://www.acog.org/-/media/project/acog/acogorg/files/pdfs/reports/strategies-for-integrating-immunizations.pdf>

<https://www.acog.org/news/news-releases/2018/04/acog-redesigns-postpartum-care>

<https://www.acog.org/>

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Questions?
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**Thank
You for
making a
difference!**



