



# **HEDIS<sup>®</sup> Lunch & Learn Prenatal and Postpartum Care**

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**Timeliness of Prenatal Care  
(TOPC)**



# Timeliness of Prenatal Care (TOPC) - Criteria

## Who is in the measure (denominator)?

The percentage of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.

## What makes the member compliant (numerator)?

**Timeliness of Prenatal Care-** The percentage of deliveries that received a **prenatal care** visit (with an OB/GYN, PCP, or prenatal care practitioner) in the **first trimester**, on or before the enrollment start date or within **42 days** of enrollment in the organization.

Hybrid  
methodology

Claims +  
chart review

# Timeliness of Prenatal Care (TOPC) - Criteria (cont.)

## If chart review needed:

**Documentation must include the visit date and evidence of one of the following:**

Documentation indicating pregnancy, such as:

- ❖ Documentation in a standardized prenatal flow sheet, documentation of LMP, EDD or gestational age, a positive pregnancy test result, documentation of gravidity and parity, complete obstetrical history or documentation of prenatal risk assessment and counseling/education

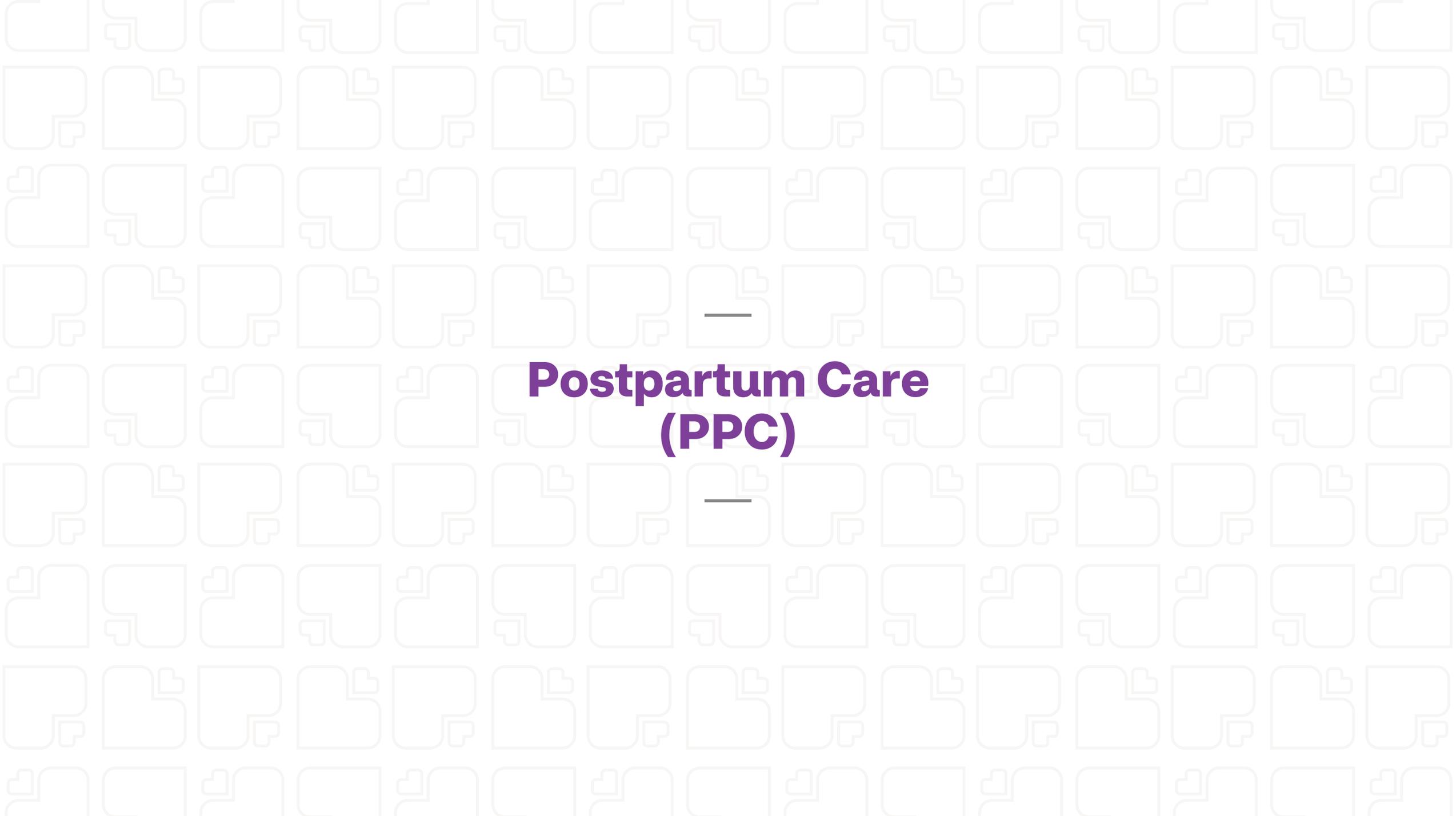
A basic physical obstetrical examination that includes:

- ❖ Auscultation for fetal heart tone, pelvic exam with obstetric observations, or measurement of fundus height (a standardized prenatal flow sheet may be used)

Prenatal Care Procedure, such as:

- ❖ Obstetric panel, TORCH antibody panel alone, rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing, or ultrasound of a pregnant uterus.





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# Postpartum Care (PPC)

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## Postpartum Care (PPC)

### Who is in the measure (denominator)?

- The percentage of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year (same as prenatal).

### What makes the member compliant (numerator)?

- The percentage of deliveries that received a **POSTPARTUM** visit between **7-84 days** after delivery (OB/GYN, PCP, or prenatal care practitioner).

Hybrid  
methodology

Claims + chart  
review

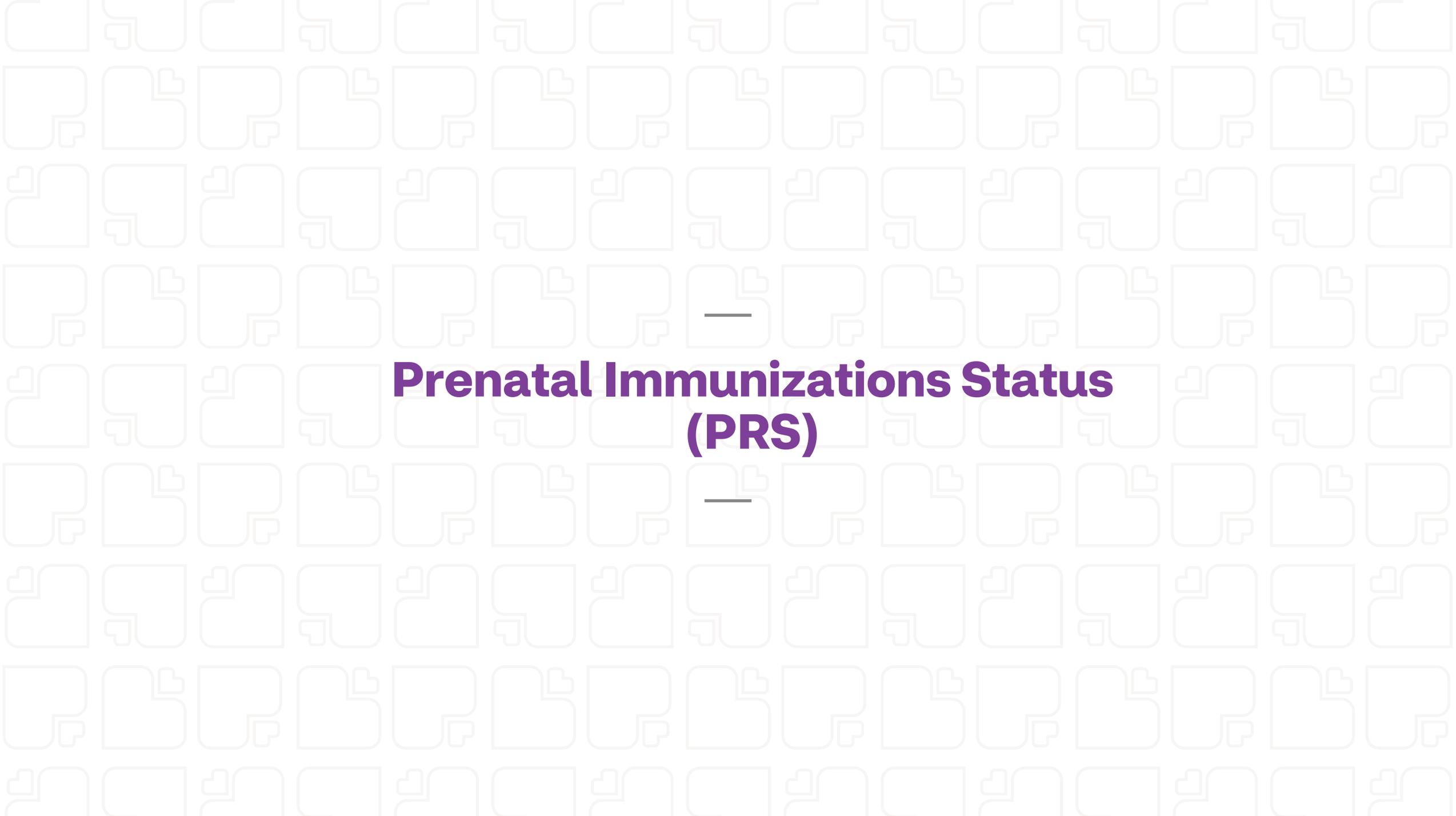
# Postpartum Care (PPC) Cont.

## If chart review needed:

**Documentation must indicate visit date and evidence of one of the following:**

- Pelvic exam, **or**
- Examination of breasts (or notation of breastfeeding), abdomen, weight **and** BP, **or**
- Notation of postpartum care, including “postpartum care,” “PP care,” “PP check,” “6-week check,” or a preprinted “Postpartum Care” form in which information was documented during the visit, **or**
- Perineal or cesarean incision/wound check, **or**
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders, **or**
- Glucose screening for women with gestational diabetes, **or**
- Documentation of any of the following topics:
  - \* Infant care or breastfeeding, resumption of intercourse, birth spacing or family planning, sleep/fatigue, resumption of physical activity, or attainment of healthy weight.





**Prenatal Immunizations Status  
(PRS)**

# Prenatal Immunization Status (PRS)

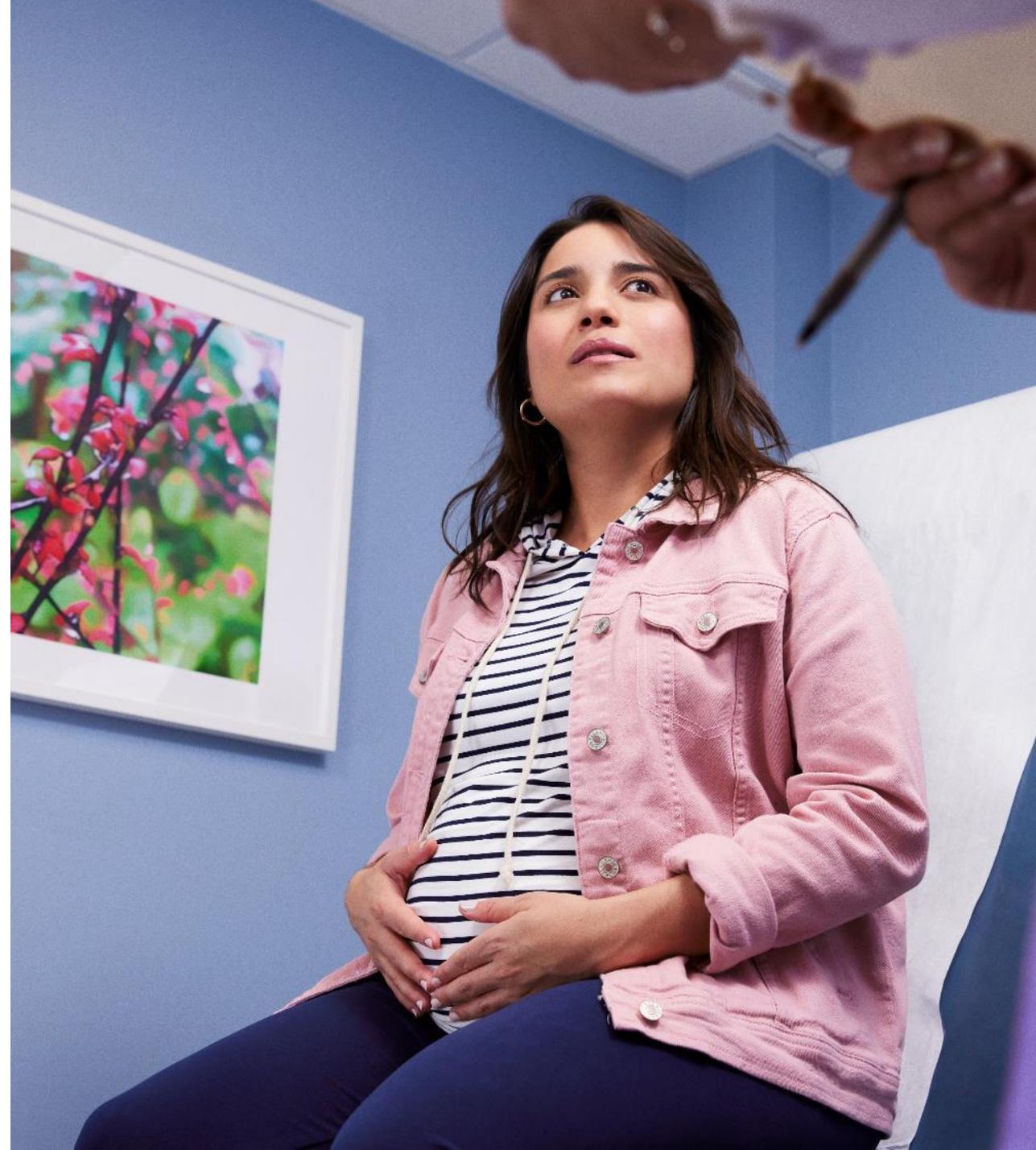
## Who is in the measure (denominator)?

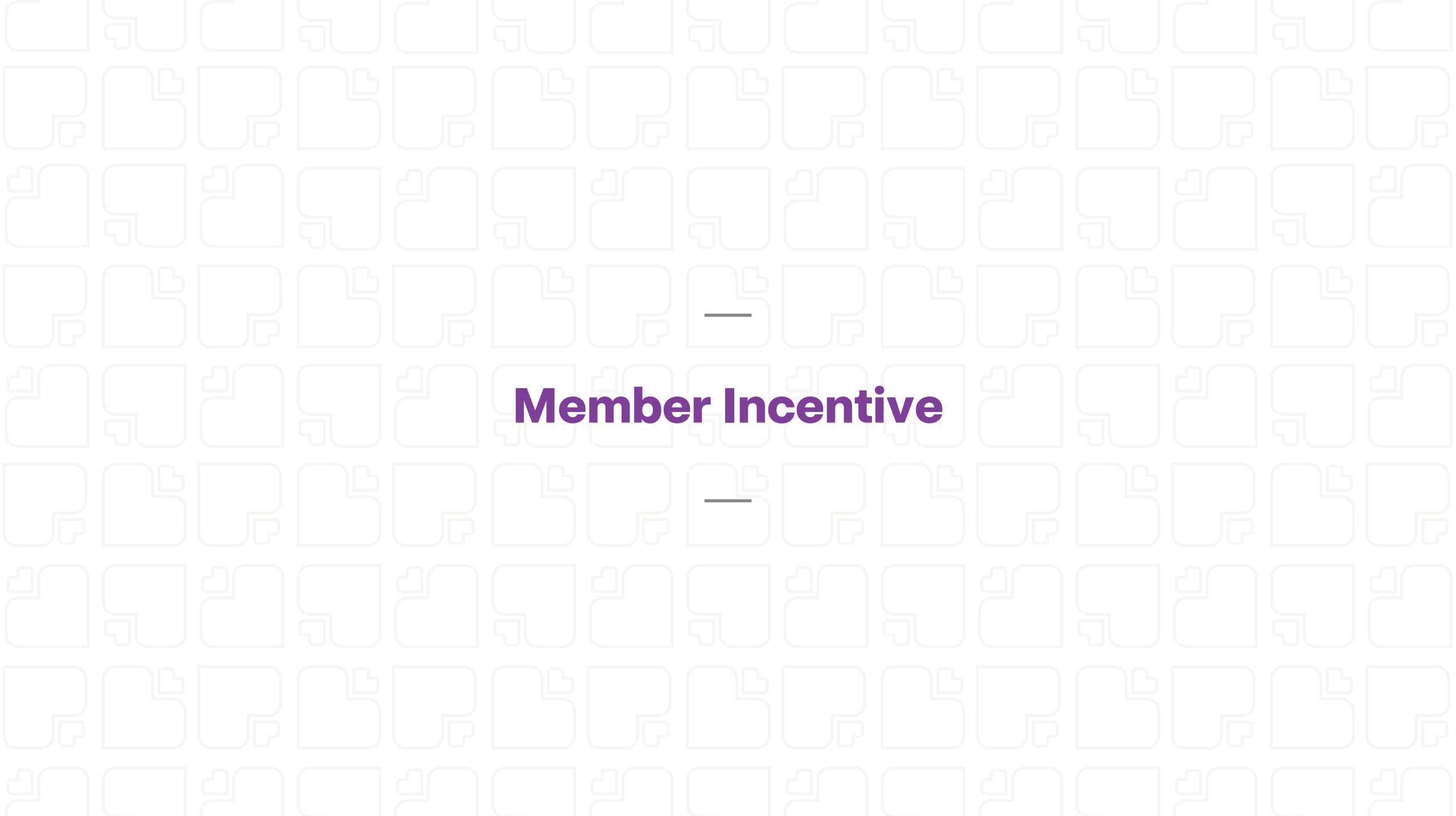
Deliveries in the measurement period (January 1 – December 31)

## What makes the member compliant (numerator)?

**The percentage of deliveries in the Measurement Period (Jan 1 - Dec 31) in which women had received:**

- **Influenza vaccine** on or between July 1 of the year prior to the measurement period and the delivery date
- **Tetanus, diphtheria toxoids and acellular pertussis (Tdap)** were members had received at least one Tdap vaccine during their pregnancy preferably during the early part of **gestational weeks 27–36**, regardless of prior history of receiving Tdap



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# Member Incentive

# Member Incentive Programs

## Member Rewards:

### Prenatal Care

Enroll in the Moms and Babies program to earn a cribette or baby carrier.  
Complete 6 or more prenatal visits to earn a cribette.

### Postpartum Care

- Earn a \$50 Reward by attending a postpartum visit completed 7-84 days after delivery.
- Complete the Moms and Babies program to receive a toy for your baby's first birthday: Complete the Moms and babies' program.



# Challenges

## Why Gaps in Care?



### PRENATAL

- No-show appointments requiring rescheduling resulting in late or missed opportunities for optimal number of prenatal care visits
- Late or no prenatal care due to behavioral health and/or substance use conditions, impacting member motivation/ability to schedule/attend appointments
- Potentially behavioral health appointments taking priority for the member during the prenatal period
- Member has labs or ultrasound only within time period w/out a visit, and does not return until after prenatal time frame
- Seen in ER only during prenatal time frame



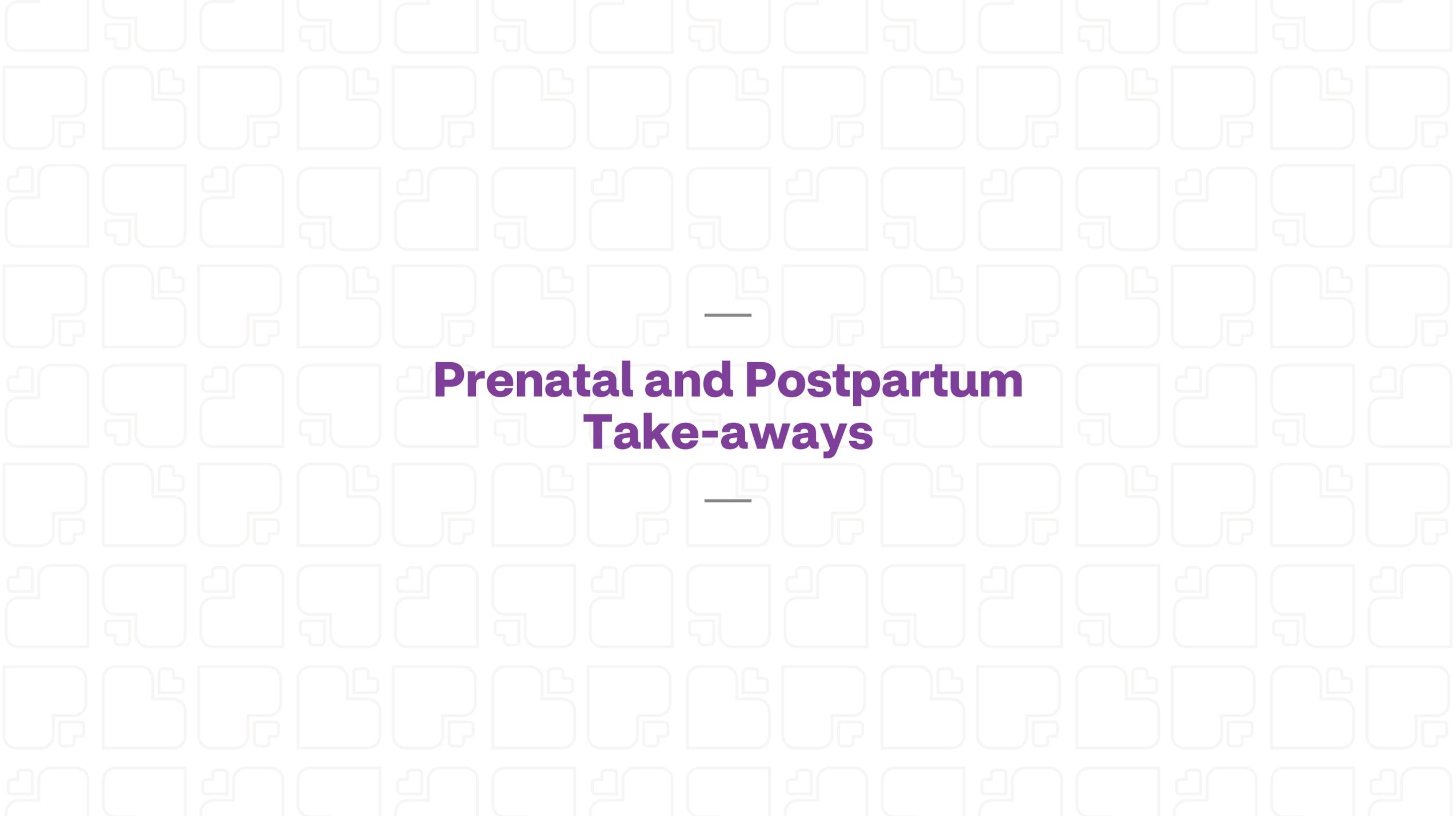
### POSTPARTUM

- Potential substance use issues impacting member motivation/ability to schedule and attend a postpartum appointment
- Members may perceive that a postpartum appointment is not necessary if they feel fine, and/or if have had prior pregnancies and feel only needed for first time moms.
- May come for wound check prior to 7 days after delivery and not return
- Difficulties arranging appointments based on the members' availability and/or lack of childcare
- Lack of transportation



### PRENATAL IMMUNIZATIONS

- Member lack of understanding the importance of prenatal immunizations/ how serious illnesses can be if not vaccinated
- Member fear/uncertainty/anxiety regarding safety of receiving vaccinations, fear of adverse effects while pregnant
- Potentially if not provided in the OB/GYN office as part of prenatal appointments, or if member needs to come to OB/GYN for a separate appointment
- Provider offering/recommending prenatal immunizations consistently

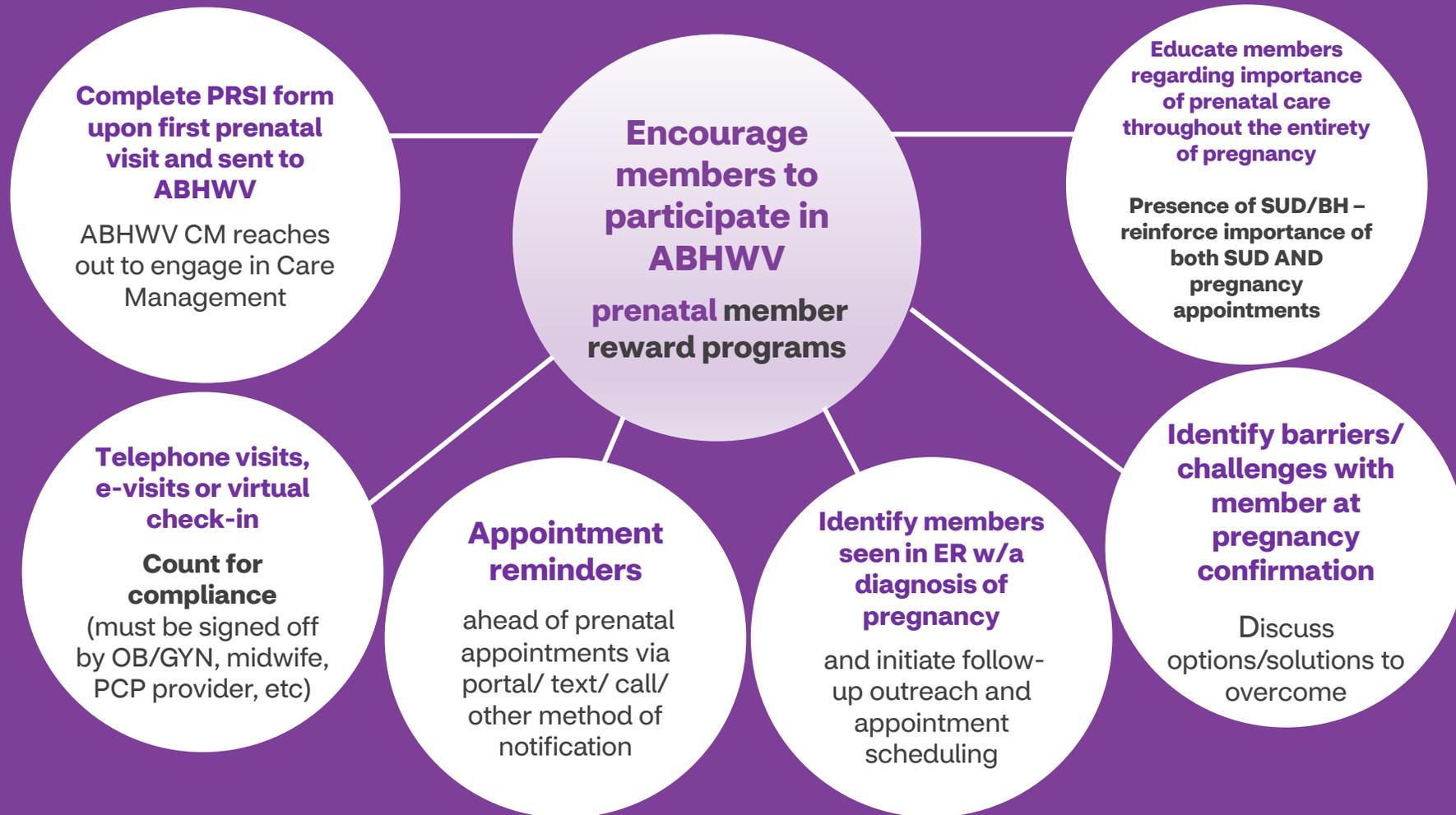


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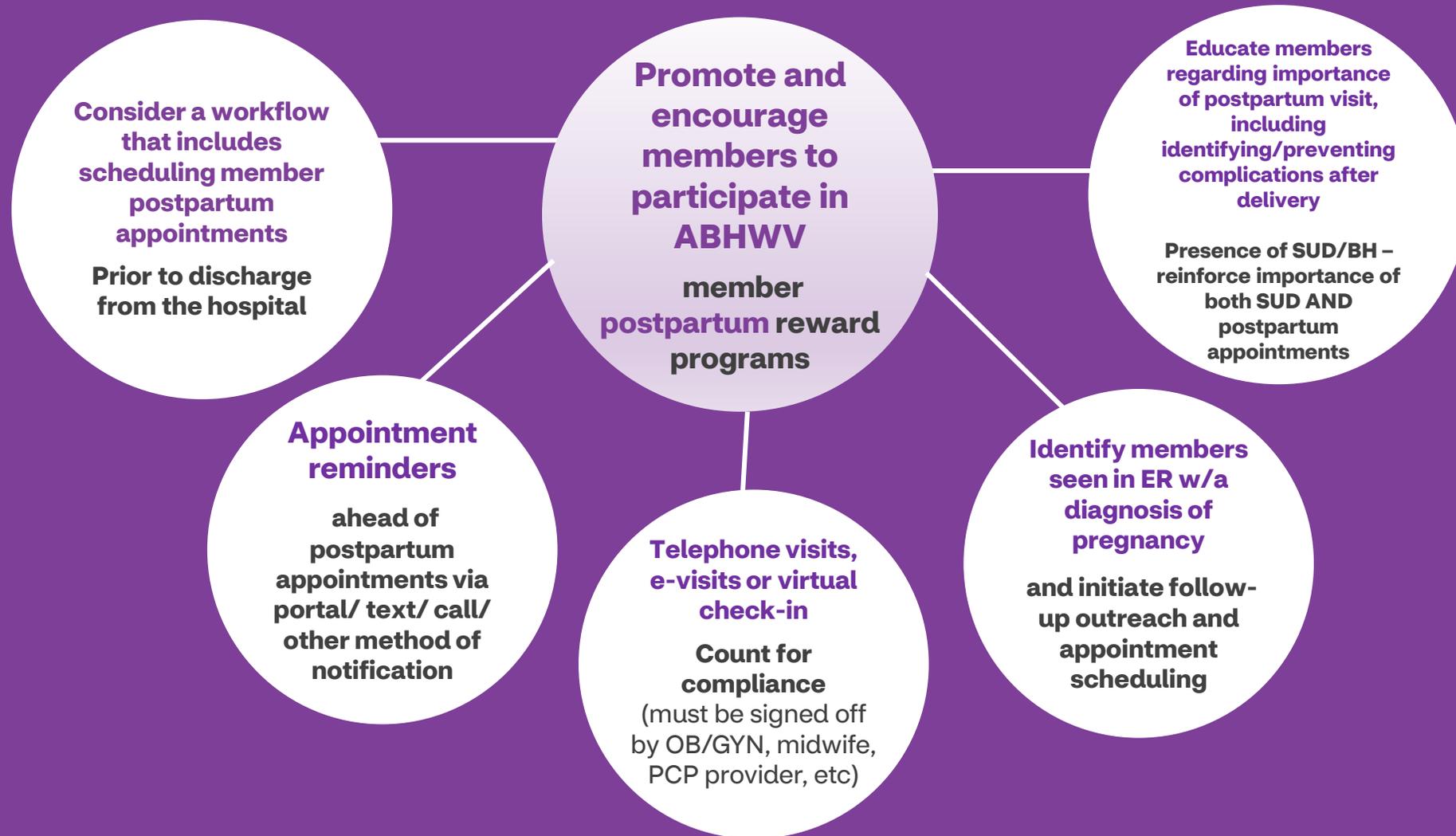
# **Prenatal and Postpartum Take-aways**

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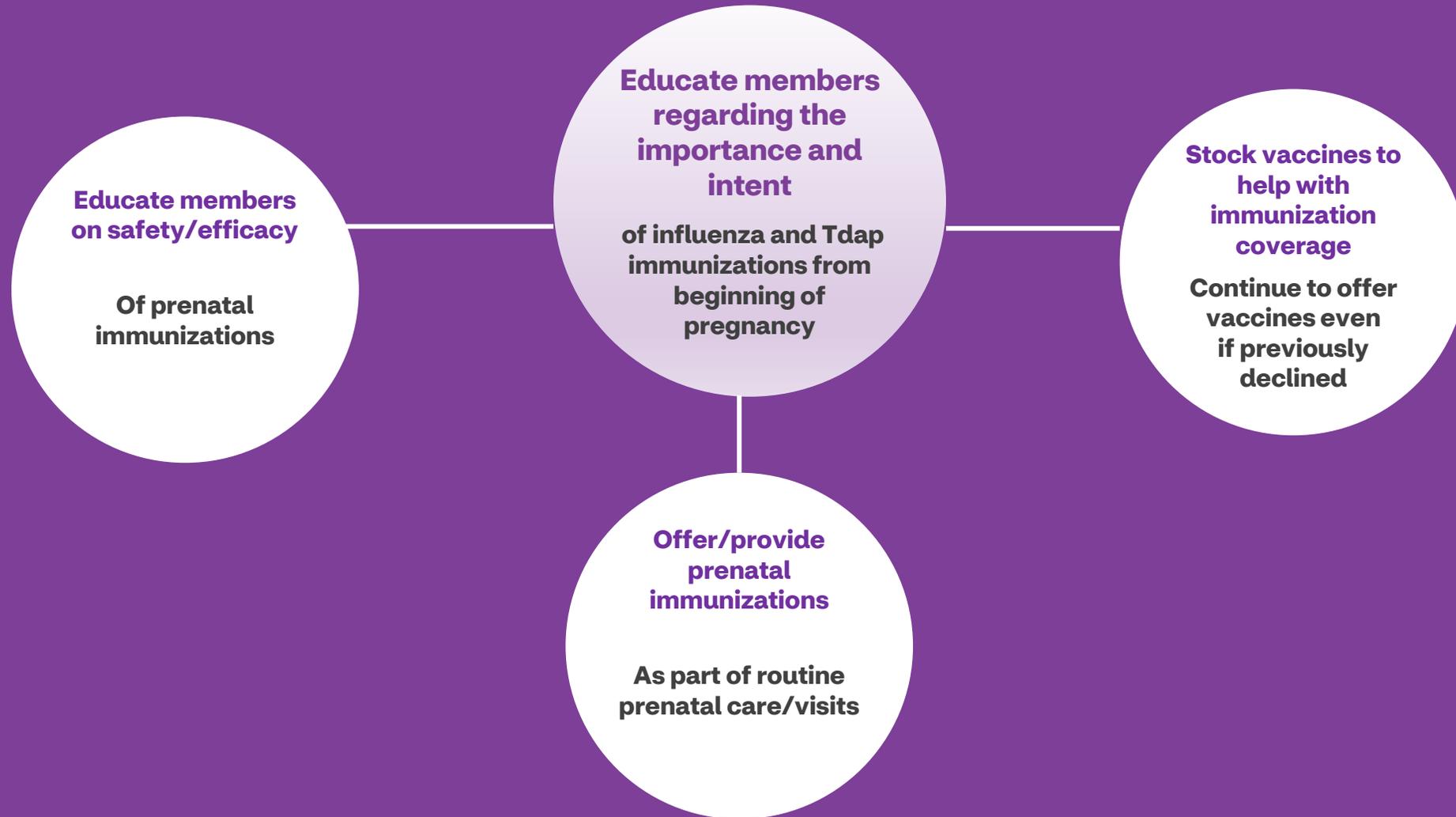
# Take-Away Actions – Timeliness of Prenatal Care



# Take-Away Actions – Postpartum Care



# Take-Away Actions – Prenatal Immunizations



# ABHWV website - Provider HEDIS Section

**There is a HEDIS tab within the Provider Tab on the ABHWV website. The following are now available:**

- 1. What is HEDIS?** – a short description of HEDIS
- 2. HEDIS News You Can Use** –emailed to providers each month and will be available on the website, including current and prior months
- 3. HEDIS Lunch and Learn Webinars For Providers** – monthly webinars such as the one today. Links for past webinars and invite information for the next upcoming Lunch and Learn will be here.

<https://www.aetnabetterhealth.com/westvirginia/providers/hedis.html>

# Closing Thoughts and Resources

## Members trust you!

Patients often view you as their most trusted source of medical information.

Your guidance and encouragement are crucial to their ability to manage their health.

Taking time for discussion and addressing their questions can help foster greater confidence and comfort in their care decisions.

## ABHWV Quality Partnerships

**Melani McNinch, Senior Director, ABHWV Health Care Quality Mgt**

- [ABHVVHEDIS@aetna.com](mailto:ABHVVHEDIS@aetna.com)

### EMR supplemental feed options

**Tosha Morris**

[ABHVVHEDIS@aetna.com](mailto:ABHVVHEDIS@aetna.com)

**304-348-2003**

### Wellness Event Partnering

**David Roberts**

[ABHVVHEDIS@aetna.com](mailto:ABHVVHEDIS@aetna.com)

**304-539-9046**

### ABHWV Quality Practice Advisors

**Alana Hoover**

**Anna Dailey**

[ABHVVHEDIS@aetna.com](mailto:ABHVVHEDIS@aetna.com)

## Other Resources

### ABHWV Integrated Care Management

Refer member to Aetna Better Health of West Virginia Case Management:

- Fax to 844-330-1001
- Call 1-888-348-2922

### Great Resources:

<https://www.acog.org/-/media/project/acog/acogorg/files/pdfs/reports/strategies-for-integrating-immunizations.pdf>

<https://www.acog.org/>  
[https://www.wvdhhr.org/mcfh/WV\\_PrenatalRiskScreeningInstrument2016.pdf](https://www.wvdhhr.org/mcfh/WV_PrenatalRiskScreeningInstrument2016.pdf)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9956150/>