

AETNA BETTER HEALTH®

Over the counter (OTC) product list

ALL OTC PRODUCTS REQUIRE A PRESCRIPTION

NOTE: CERTAIN PRODUCTS ON THIS LIST MAY HAVE QUANTITY LIMITS (QLL), STEP THERAPY, OR PRIOR AUTHORIZATION REQUIREMENTS. THESE REQUIREMENTS ARE PROVIDED NEXT TO THE COVERED PRODUCT.

COVERED OTC DRUG	REFERENCE DRUG NAME	REQUIREMENTS/LIMITS
TOPICAL ANTIBACTERIAL/ANTIFUNAL OTC DRUGS		
OTC bacitracin topical ointment		
OTC clotrimazole (vaginal use)	Mycelex	
OTC clotrimazole (topical use)	Lotrimin	
OTC miconazole 2% ointment		
OTC miconazole vaginal suppositories, cream		
OTC triple antibiotic cream	Neosporin	
PAIN RELIEVER OTC DRUGS		
OTC acetaminophen tablets, capsules, suppositories, liquids, drops	Tylenol	QLL= up to 4 grams APAP/day
OTC EC aspirin 81 mg, 325 mg, OTC aspirin 325 mg	Ecotrin	
OTC ibuprofen	Motrin	
OTC naproxen	Aleve	
SMOKING CESSATION OTC DRUGS		
OTC nicotine patch	Nicoderm	Duration for all <u>formulary</u> smoking cessation meds=84 days/year
TOPICAL DERMATOLOGICAL (“SKIN/SCALP”) OTC DRUGS		
OTC capsaicin		
OTC DOAK TAR DISTILLATE, OIL		
hydrocortisone (prescription and OTC forms covered)	Ala-Cort/Cetacort/Hytone	
OTC permethrin 1% lotion	Nix	
OTC Pyrethrin 0.33%		
OTC zinc oxide ointment	Desitin	
DIABETES OTC DRUGS		
INSULIN OTC VIALS		
OTC HUMULIN 50/50 VIAL		
OTC HUMULIN N		
OTC HUMULIN R (100 U/ML VIAL)		
OTC HUMULIN 70/30 VIAL		
OTC NOVOLIN 70/30 VIAL		
OTC NOVOLIN R VIAL		
OTC NOVOLIN N VIAL		
OTHER OTC DRUGS FOR DIABETES		
OTC glucose chewable tablets		

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DIGESTION OTC DRUGS		
<i>ANTIDIARRHEAL DRUGS</i>		
OTC loperamide	Imodium	
<i>ANTI-HEMORRHOIDAL DRUGS</i>		
OTC hemorrhoidal cream	PreparationH	
<i>ANTIULCER DRUGS</i>		
OTC cimetidine	Tagamet	
OTC famotidine	Pepcid	
OTC nizatidine	Axid	
OTC ranitidine	Zantac	
<i>PROTON PUMP INHIBITORS (“PPI”)</i>		
OTC omeprazole		QLL=120 tabs /30 days
<i>LAXATIVES AND CATHARTICS</i>		
OTC bisacodyl	Dulcolax	
OTC docusate	Colace	
OTC glycerin	Fleet	
OTC MIRALAX		QLL=510 g/30 days
OTC psyllium	Metamucil	
OTC SENOKOT (brand and generic dosage forms covered)		
OTC SORBITOL 70% ORAL SOLN		
<i>OTHER DIGESTION DRUGS</i>		
OTC aluminum hydroxide gel	Alternagel	
OTC antacid liquid, suspension		
OTC calcium antacid tablet	Tums	
OTC effervescent pain relief	Alka Seltzer	
OTC simethicone drops		
OTC VITAMINS		
OTC calciferol, OTC ergocalciferol drops	Drisdol	
OTC calcium carbonate, OTC calcium carbonate 600 mg + D	Caltrate	
OTC calcium citrate	Citracal	
OTC ferrous fumarate		
OTC ferrous gluconate		
OTC ferrous sulfate	Iron	
OTC magnesium oxide		
OTC multivitamins (generic, adult multivitamins)		

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OTC niacin		
OTC pyridoxine (vitamin B6)		
OTC SLO NIACIN		
OTC sodium bicarbonate		
OTC vitamin C 500, 1000 mg		
OTC vitamin D		
OTC thiamine (vitamin B1)		
FAMILY PLANNING OTC DRUGS		
OTC NEXT CHOICE		QLL=2 tabs (1 pkg)/1 month; QLL=6 tabs (3 pkg)/year
OTC PLAN B ONE STEP		QLL=1 tab (1 pkg)/1 month; QLL=3 tabs (3 pkg)/year
EYE CARE OTC DRUGS		
OTC artificial tears	Tears Again	
OTC REFRESH TEARS, LIQUIGEL (15 ML AND 30 ML BOTTLE ONLY)		
OTC sodium chloride 5% drops, ointment		
OTC SYSTANE (15 ML AND 30 ML BOTTLE ONLY)		
OTC ZADITOR		
COUGH/COLD/ALLERGY OTC DRUGS		
ANTIHISTAMINES		
cetirizine OTC tablets, cetirizine-D OTC tablets, cetirizine solution	OTC Zyrtec	cetirizine-D QLL=60 tabs/30 days cetirizine soln QLL=150 ml/30 days
OTC diphenhydramine	Benadryl	
OTC loratadine, OTC loratadine-D	OTC Claritin, Claritin-D	OTC loratadine-D=30 tabs/30 days
ANTIHISTAMINE/DECONGESTANT COMBINATIONS		
OTC brompheniramine-pseudoephedrine elixir		
ANTITUSSIVE AND EXPECTORANT DRUGS		
OTC CHERATUSSIN AC		
OTC MUCINEX, DM		
OTC tussin DM	Robitussin DM	
OTHER DRUGS FOR COUGH/COLD ALLERGY		
OTC nasal spray	Afrin	
OTC pseudoephedrine (all generic dosage forms covered)	Sudafed	

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DIABETIC OTC SUPPLIES (GLUCOMETERS, INSULIN SYRINGES, TEST STRIPS, LANCETS)		
ACCU-CHEK ACTIVE GLUCOMETER/TEST STRIPS		Combined QLL for test strips=204/month
ACCU-CHEK ADVANTAGE GLUCOMETER/TEST STRIPS		Combined QLL for test strips=204/month
ACCU-CHEK AVIVA GLUCOMETER/TEST STRIPS		Combined QLL for test strips=204/month
ACCU-CHEK COMPACT GLUCOMETER/TEST STRIPS		Combined QLL for test strips=204/month
ACCU-CHEK COMPLETE GLUCOMETER		
ACCU-CHEK SIMPLICITY		
ACCU-CHEK COMFORT CURVE TEST STRIPS		Combined QLL for test strips=204/month
ACCU-CHEK MULTICLIX LANCET DEVICE/LANCETS		
ACCU-CHEK SOFTCLIX LANCET DEVICE/LANCETS		
MICROLET LANCING DEVICE/LANCETS		
AUTOJECT 2 INJECTION DEVICE		
insulin syringes		
ONE TOUCH ULTRA2, UKTRALINK, ULTRAMINI, ULTRASMART, VERIO, VERIO IQ		
ONE TOUCH SELECT		
ONE TOUCH TEST STRIPS, CONTROL SOLUTION		Combined QLL for test strips=204/month
SOFT TOUCH		
SOFTCLIX		
CHEMSTRIP		
KETOSTIX		
ASTHMA OTC SUPPLIES (PEAK FLOW METERS, SPACERS)		
AEROCHAMBER, MICROCHAMBER		QLL=#1/YEAR
ASSESS PEAK FLOW METER		QLL=#1/YEAR
MICROCHAMBER PEAK FLOW METER		QLL=#1/YEAR
PERSONAL BEST PEAK FLOW METER		QLL=#1/YEAR
OTHER OTC DRUGS/SUPPLIES		
sodium chloride 0.9% nebulizer solution OTC		

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