The Suicide Behaviors Questionnaire-Revised (SBQ-R) - Overview

The SBQ-R has 4 items, each tapping a different dimension of suicidality:

- Item 1 taps into lifetime suicide ideation and/or suicide attempt.
- Item 2 assesses the frequency of suicidal ideation over the past twelve months.
- Item 3 assesses the threat of suicide attempt.
- Item 4 evaluates self-reported likelihood of suicidal behavior in the future.

Clinical Utility
Due to the wording of the four SBQ-R items, a broad range of information is obtained in a very brief administration. Responses can be used to identify at-risk individuals and specific risk behaviors.

Scoring
See scoring guideline on following page.

Psychometric Properties

<table>
<thead>
<tr>
<th></th>
<th>Cutoff score</th>
<th>Sensitivity</th>
<th>Specificity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult General Population</td>
<td>≥7</td>
<td>93%</td>
<td>95%</td>
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<tr>
<td>Adult Psychiatric Inpatients</td>
<td>≥8</td>
<td>80%</td>
<td>91%</td>
</tr>
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</table>

SBQ-R - Scoring

### Item 1: taps into lifetime suicide ideation and/or suicide attempts
- **Selected response 1**: Non-Suicidal subgroup 1 point
- **Selected response 2**: Suicide Risk Ideation subgroup 2 points
- **Selected response 3a or 3b**: Suicide Plan subgroup 3 points
- **Selected response 4a or 4b**: Suicide Attempt subgroup 4 points

**Total Points**

### Item 2: assesses the frequency of suicidal ideation over the past 12 months
- **Selected Response**: Never 1 point
- Rarely (1 time) 2 points
- Sometimes (2 times) 3 points
- Often (3-4 times) 4 points
- Very Often (5 or more times) 5 points

**Total Points**

### Item 3: taps into the threat of suicide attempt
- **Selected response 1**: 1 point
- **Selected response 2a or 2b**: 2 points
- **Selected response 3a or 3b**: 3 points

**Total Points**

### Item 4: evaluates self-reported likelihood of suicidal behavior in the future
- **Selected Response**: Never 0 points
- No chance at all 1 point
- Rather unlikely 2 points
- Unlikely 3 points
- Likely 4 points
- Rather Likely 5 points
- Very Likely 6 points

**Total Points**

Sum all the scores circled/checked by the respondents.
The total score should range from 3-18.

**AUC** = Area Under the Receiver Operating Characteristic Curve; the area measures discrimination, that is, the ability of the test to correctly classify those with and without the risk. [.90-1.0 = Excellent; .80-.90 = Good; .70-.80 = Fair; .60-.70 = Poor]

<table>
<thead>
<tr>
<th>Item</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>PPV</th>
<th>AUC</th>
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<tbody>
<tr>
<td>Item 1: a cutoff score of ≥ 2</td>
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<td>0.89</td>
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</table>

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SBQ-R Suicide Behaviors Questionnaire-Revised

Patient Name ___________________________ Date of Visit ___________________

Instructions: Please check the number beside the statement or phrase that best applies to you.

1. Have you ever thought about or attempted to kill yourself? (check one only)
   - □ 1. Never
   - □ 2. It was just a brief passing thought
   - □ 3a. I have had a plan at least once to kill myself but did not try to do it
   - □ 3b. I have had a plan at least once to kill myself and really wanted to die
   - □ 4a. I have attempted to kill myself, but did not want to die
   - □ 4b. I have attempted to kill myself, and really hoped to die

2. How often have you thought about killing yourself in the past year? (check one only)
   - □ 1. Never
   - □ 2. Rarely (1 time)
   - □ 3. Sometimes (2 times)
   - □ 4. Often (3-4 times)
   - □ 5. Very Often (5 or more times)

3. Have you ever told someone that you were going to commit suicide, or that you might do it? (check one only)
   - □ 1. No
   - □ 2a. Yes, at one time, but did not really want to die
   - □ 2b. Yes, at one time, and really wanted to die
   - □ 3a. Yes, more than once, but did not want to do it
   - □ 3b. Yes, more than once, and really wanted to do it

4. How likely is it that you will attempt suicide someday? (check one only)
   - □ 0. Never
   - □ 1. No chance at all
   - □ 2. Rather unlikely
   - □ 3. Unlikely
   - □ 4. Likely
   - □ 5. Rather likely
   - □ 6. Very likely