



GetSetup

Learn how to blog and share your life story online.

## Aetna Better Health<sup>SM</sup> Premier Plan (Medicare-Medicaid Plan), A MI Health Link Plan

Aging and Adult Services Agency (AASA) at Michigan Department of Health and Human Services (MDHHS) is excited to launch a new partnership, supported in part by the Michigan Health Endowment Fund, to bring FREE virtual educational and social engagement opportunities to older Michiganders. GetSetup is a digital education platform for older adults, offering 150+ technology and enrichment classes, all taught by retired educators.

GetSetup is the fastest growing live interactive platform and community where older adults teach their peers new skills. This is a safe place for older adults to hangout, learn, teach and engage with their peers over videos to live healthier, happier and more connected lives and from the comfort of home. For the next six months, GetSetup courses are available for free to all Michiganders age 60 and over.

[AetnaBetterHealth.com/Michigan](https://AetnaBetterHealth.com/Michigan)

86.03.410.1-MI

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# Become a virtual tutor to your grandkids. Learn the tools needed to teach remotely over Zoom



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We realize that now more than ever, our older adults are at home and may need assistance learning how to use things like video services to communicate with love-ones, how to use a smartphone, tablet or computer, how to do things like ordering groceries or household items, how to access services like telehealth, or just simply want to take a fun class to socialize and make new friends. These classes are free, fun and interactive and best of all they are taught by other older adults. Here is a video from AASA's Dr. Alexis Travis to learn more.

As part of the program, GetSetup will run classes ten hours a day to make it very easy for Michiganders to take a class anytime they like from the comfort and safety of their homes.

Visit [www.getsetup.io/partner/michigan](http://www.getsetup.io/partner/michigan) to learn more and sign up for your free classes, including an optional new member orientation to give you an overview of all that's available! Use the code MICHIGANHEALTH at sign up.

If you have questions, call Member Services at **1-855-676-5772 (TTY: 711)**.

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Aetna Better Health<sup>SM</sup> Premier Plan is a health plan that contracts with both Medicare and Michigan Medicaid to provide benefits of both programs to enrollees.

**ENGLISH: ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or **1-800-385-4104 (TTY: 711)**.

**SPANISH: ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al **1-800-385-4104 (TTY: 711)**.

#### ARABIC:

ملحوظة: إذا كنت تتحدث باللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل على الرقم الموجود خلف بطاقتك الشخصية أو على **1-800-385-4104 (للصم والبكم: 711)**.

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