

aetna PCP HEDIS Documentation Tips: Older Adults

HEDIS Measure Definitions	What You Can Do	Coding/Tips
Women 50-74 years of age with one or more mammograms within the last 2 years.	Document member education on the benefits of early detection of breast cancer. Encourage mammography to all women who are within risk group.	CPT Codes: 77055-77057 HCPCS G0202, G0204, G0206 UB Rev Codes 0401, 0403 Mastectomy Codes ICD-10CM Code: Z90.13, or Z90.12 and Z90.11 ICD-10PCS Code: 0HTV0ZZ, or 0HTU0ZZ and 0HTT0ZZ CPT Codes: 19180. 19200, 19220, 19240, 19303-19307 with a Bilateral Modifier CPT Codes: 50, 09950 or LT and RT
MRP - Medication Reconciliation Post Discharge The percentage of discharges during the year for member 18 and older for whom medications were reconciled the date of discharge through 30 days after discharge	Documentation in the medical record must include evidence of medication reconciliation and the date it was performed. Regular medication review is a best practice. Have members bring all of their medications with them to appointments.	CPT Codes: 99495, 99496 CPT II Codes: 1111F
The percentage of adults 66 years and older who had each of the following during the measurement year: • Advance Care Planning • Medication Review • Functional Status Assessment • Pain Assessment	Advance Care Planning - document discussion and/or presence of advance directive or living will in chart Medication Review - Medication list in chart with a dated notation of meditation review annually by a prescribing provider Functional Status Assessment - Complete functional assessment must include one of the following: - Notation that Activities of Daily Living (ADL) were assessed [or at least five of the following were assessed: bathing, dressing, eating, transferring, using toilet and walking] - Notation that Instrumental Activities of Daily Living (IADL) were assessed [or at least four of the following were assessed: shopping for groceries, driving or using public transportation, using the telephone, meal preparation, housework, home repair, laundry, taking medication, handling finances] - Result of assessment using a standardized functional status assessment tool - Notation that at least three of the following four components were assessed: cognitive status; ambulation status; hearing, vision and speech (sensory ability); other functional independence (exercise, ability to perform job) Pain Assessment - Notations for pain assessment must include one of the following: - Documentation that the member was assessed for pain (positive or negative finding) - Result of assessment using a standardized assessment tool A pain management/treatment plan alone does not count. Either does screening for or positive chest pain alone.	Advance Care Planning HCPCS: S0257 CPT II: 1157F, 1158F Medication Review CPT: 90863, 99605, 99606, 99495, 99496 HCPCS: G8427 CPT II: 1159F, 1160F Functional Status Assessment CPT II: 1170F Pain Assessment CPT II: 1125F, 1126F

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CBP - Controlling High Blood Pressure Members 18-85 years of age with a diagnosis of hypertension (HTN) and whose BP is adequately controlled. (age 18-59 and age 60-85 with diabetes <140/90, age 60-85 without diabetes <150/90).	If BP elevated (140/90 or greater) at initial vital sign assessment, alleviate potential factors that might cause temporary elevation and retake BP during exam . Make sure you use the correct size cuff If using a machine, record the actual number, do NOT round up. Schedule follow up visits to monitor effectiveness of BP medication.	ICD-10 CM Code: I10 Exclusions: End Stage Renal Disease (ESRD) or a kidney transplant on or prior to December 31st of the measurement year or a diagnosis of pregnancy during the measurement year, would be excluded from this measure.
Members 18-75 years of age with diabetes should have each of the following at least annually: HbA1C testing, medical attention for nephropathy, a retinal eye exam and blood pressure monitoring at each visit.	Document results of HbA1C and Microalbumin exams annually or more often as needed. A current medication list indicating that a member is on an ACE/ARB medication Document Stage 4 chronic kidney disease or End State Renal Disease (ESRD) with appropriate codes: Stage 4 chronic kidney disease CD-10 CM: N18.4 ESRD ICD-10 CM: N18.5, N18.6, Z91.15, Z99.2 ICD -10 PCS: 3E1M39Z, 5A1D00Z, 5A1D60Z Refer member to Optometrist for Dilated Retinal Eye Exam annually.	Diabetes ICD-10 CM Codes: E10.10-E13.9, O24.011-O24.33, O24.811-O24.83 HbA1c CPT Codes: 83036, 83037 HbA1c LOINC: 17856-6, 4548-4, 4549-2 CPT II Result Codes HbA1c level 7.0-9.0: 3045F HbA1c level less than 7.0: 3044F HbA1c level greater than 9.0: 3046F Nephropathy Screen CPT Codes: 82042 - 82044, 84156, 3060F, 3061F Urine Macroalbumin Test CPT Codes: 81000-81003, 81005 CPT II Codes: 3062F Blood Pressure CPT Codes: Systolic BP: < 140 3074F, 3075F; >/= to 140 3077F Diastolic BP: 80-89 3079F; < 80 3078F; >/= 90 3080F
Screening for Clinical Depression— A CMS Core Set Measure/HEDIS Like Screen members 18 and older with an age appropriate standardized screening tool. If the screen is positive, document a follow-up plan on the same date as the positive screen.	Common tool used is the PHQ-9 screening questionnaire. http://phqscreeners.com A follow-up plan must for a positive screen must include documentation of one or more of the following: • Additional evaluation • Suicide risk assessment • Referral to a practitioner who is qualified to diagnose and treat depression • Pharmacological interventions • Other interventions or follow-up for the diagnosis or treatment of depression Exclusions from screening: active diagnosis of depression or bipolar disorder, refusal to participate, urgent or emergent care required, certain court appointed cases or cases of delirium.	Clinical Depression Screen Codes: HCPCS G8431: Positive screen for clinical depression using a standardized tool and a follow-up plan documented. G8510: Negative screen for clinical depression using a standardized tool, patient not eligible/appropriate for follow-up plan documented. Exclusion Codes: HCPCS G8433: Screening for clinical depression not documented patient not eligible/appropriate G8940: Screening for clinical depression documented, follow-up plan not documented, patient not eligible/appropriate.
AAP - Adults' Access to Preventive/ Ambulatory Health Services Members 20 years and older who had an ambulatory or preventive care visit during the year.	Each adult member should have a routine outpatient visit annually. Utilize your Gaps in Care report to outreach members that have not had care.	Adult Ambulatory/Preventive Codes for PCP Office /OP services CPT: 99201-99205, 99211-99215, 99241-99245. UB Rev Codes: 051X, 0520-0523, 0526-0529, 0982, 0983 Preventive Medicine CPT: 99385-99387, 99395-99397, 99401-99404, 99411, 99412, 99420, 99429 HCPCS: G0402, G0438, G0439 General medical examination ICD-10: Z00.00, Z00.01, Z00.121, Z00.129, Z00.5, Z00.8, Z02.0-Z02.6, Z02.71, Z02.79, Z02.81-Z02.83, Z02.89, Z02.14 Home Services CPT: 99341-99345, 99347-99350 Nursing Facility Care CPT: 99304-99310, 99315, 99316, 99318 Domiciliary, rest home or custodial care services CPT: 99324-99328, 99334-99337

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OMW - Osteoporosis Management in Women Who Had a Fracture Women 67-85 years of age who suffered a fracture and had either a bone mineral density test or were prescribed a drug to treat osteoporosis in the 6 months after a fracture.	Schedule women age 67-85 years old to have a bone mineral density test (BMD) within six months after a fracture if they have not had a BMD test in the prior 24 months. Prescribe medications to treat osteoporosis when indicated.	Bone Density: CPT Codes: 76977, 77078 ICD-10 PCS Codes: BP48ZZ1, BP49ZZ1, BP4GZZ1, BP4HZZ1, BP4LZZ1, BP4MZZ1, BP4NZZ1, BP4PZZ1, BQ00Z- ZI, BQ01ZZ1, BQ03ZZ1, BQ04ZZ1, BR00ZZ1, BR07ZZ1, BR09ZZ1, BR0GZZ1 HCPCS G0130 Osteoporosis Medications
SPR -Use of Spirometry Testing in the Assessment and Diagnosis of COPD Members age 40years or older with a new diagnose of COPD or newly active COPD, who received appropriate spirometry to	Educate members that are newly diagnosed with COPD or newly active about the importance of spirometry testing	J0630, J0897, J3110, J1740, J3487-J3489, Q2051 COPD ICD-10 Codes: J44.0, J44.1, J44.9, Chronic Bronchitis ICD-10CM: J41.0, J41.1, J41.8, J42 Emphysema ICD-10 CM Codes: J43- J43.0, J43.8, J43.9 Spirometry CPT Codes: 94010, 94014-94016, 94060, 94070, 94375, 94620
confirm the diagnosis. PCE - Pharmacotherapy Management of COPD Exacerbation Members age 40 and older who had an acute IP stay or ED visit with a diagnosis of COPD exacerbation and were dispensed appropriate medications. Two rates are reported: 1. Dispensed a systemic corticosteroid (or evidence of an active prescription within 14 days of the event 2. Dispensed a bronchodilator (or evidence of an active prescription) within 30 days of the event.	Schedule follow-up appointments with these members within a few days of their hospital discharge or ED visit Medication reconciliation is key Member education regarding filling the prescriptions and appropriate use Order medications that are on the member formulary	COPD Medications Systemic Corticosteroids - Glucocorticosteroids - Betamethsone, Dexamethasone, Hydrocortisone, Methlyprednisolone, Prednisolone, Prednisone, Triamcinolone Bronchodilators- Anticholinergic Agents - Albuterol-ipratropium, Ipratropium, Aclidinium-bromide, Tiotropium, Umeclidium Beta 2-agonists - Albuterol, Levalbuterol, Arformoterol, Mometasone-formoterol, Budesonide-formoterol, Metaproterenol, Fluticasone-salmeterol, Olodaterol-hydrochloride, Fluticasone-vilanterol, Pirbuterol, Formoterol, Salmeterol, Indacaterol, Umeclidinium-vilanterol Methylxanthines - Aminophylline, Dyphylline, Dyphylline-guaifenesin, Theophylline, Guaifenesis-theophylline
MMA- Medication Management for People With Asthma Members age 5-85, identified as having persistent asthma and dispensed appropriate medications that they remained on during the treatment period (end of calendar year) Two rates reported: 1. Remained on asthma controller medication for at least 50% of the treatment period. 2. Remained on asthma controller medication for at least 75% of the treatment period.	Schedule regular follow-up for people with persistent asthma Patient education about benefits of medication compliance Order medications that are on the member formulary	Asthma Controller Medications Antiasthmatic Combinations - Dyphylline-guaifenesin, Guaifenesin-theophylline Antibody Inhibitor - Omalizumab Inhaled Steroid Combinations - Budesonise-formoterol, Mometasone-formoterol, Fluticasone-salmeterol Inhaled Corticosteroids - Beclomethasone, Budesonise, Ciclesonide, Flunisolide, Fluticasone CFC free, Mometasone Leukotriene Modifiers - Montelukast, Zafirlukast, Zileuton Mast Cell Stabilizers - Cromolyn Methylxanthines - Aminophylline, Dyphylline, Theophylline Exclusion ICD-10 CM Codes Acute Respiratory Failure: J96.00-J96.02, J96.20-J96.22 Chronic Respiratory Conditions due to Fumes/Vapors: J68.4 COPD: J44.0, J44.1, J44.9 Cystic Fibrosis: E84.0, E84.11, E84.19, E84.8, E84.9 Emphysema: J43.0-J43.2, J43.8-J43.9 Other Emphysema: J98.2, J98.3
ABA - Adult BMI Assessment Members 18-74 years of age with their body mass index (BMI) and weight documented annually.	Perform and document criteria of Ht/Wt/BMI calculation at each visit. *Pregnant members are excluded from this measure*	ICD-10 CM Codes: Z68.1, Z68.20-Z68.29, Z68.30-Z68.39, Z68.41-Z68.45, Z68.51-Z68.54

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AMM - Antidepressant Medication Management Patients 18 years of age and older who were newly treated with antidepressant medication, had a diagnosis of major de- pression and who remained on antidepres- sant medication treatment. Two rates are reported: Effective Acute Phase: Percentage of pa-	Educate patients that medication may take several weeks to become effective, they should call with any potential medication concerns/reactions Stress that they should not stop medication abruptly or without consulting you first for assistance Schedule follow up appointments prior to patient leaving your office	ICD-10 CM Codes for Major Depression: F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9
tients who remained on an antidepressant medication for at least 84 days (12 weeks) Effective Continuation Phase: Percentage of patients who remained on an antidepressant medication for at least 180 days (6 months)	Outreach patients that cancel appointments and have not rescheduled Stress the importance of medication compliance.	
CCS - Cervical Cancer Screening	Women who have had a total hysterectomy	Cervical Cytology
Women 21-64 years of age with one or more Pap tests within the last 3 years or for women 30-64 years of age, a cervical cytology and human papillomavirus (HPV) cotesting with in the last 5 years.	with no residual cervix are excluded. This must be documented in history or problem list. Notation of Pap test located in progress notes MUST include the lab results in order to meet NCQA® requirements.	CPT Codes: 88141-88143, 88147, 88148, 88150, 88152-88154, 88164-88167, 88174, 88175 HCPCS: G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001, Q0091 UB Rev Codes: 0923 LOINC Codes: 10524-7, 18500-9, 19762-4,19764-0, 19765-7, 19766-5, 19774-9, 33717-0, 47527-7, 47528-5
	Cervical cytology and human papillomavirus test must be completed four or less days apart in order to qualify for every 5 year testing.	HPV CPT Codes: 87620-87622 LOINC Codes:21440-3, 30167-1, 38372-9, 49896-4, 59420-0, 75406-9, 75694-0
COL - Colorectal Cancer Screening Adults 50-75 years of age with an appropriate screening for colorectal cancer.	Educate members on importance of early detection. Order colonoscopy or flexible sigmoidoscopy as needed. Perform Fecal Occult Blood Test in-house. Proper documentation in medical record, correct diagnosis code and timely submission of data is requested.	Colonoscopy CPT Codes: 44388-44394, 44397, 45355, 45378- 45387, 45391, 45392 ICD-9 PCS Codes: 45.22, 45.23, 45.25, 45.42, 45.43 HCPCS G0105, G0121 Flexible Sigmoidoscopy CPT Codes: 45330-45335, 45337-45342, 45345 ICD-9 PCS Code: 45.24 HCPCS: G0104 Fecal Occult Blood Test (FOBT) CPT Codes: 82270, 82274 HCPCS: G0328
PBH - Persistence of Beta-Blocker Treat- ment After a Heart Attack	Stress the importance of continuing the beta- blocker medication at follow-up visits.	ICD-10 Codes to Identify Exclusions: History of Asthma: J45.20-J45.998
Members 18 years of age and older who were hospitalized and discharged with a diagnosis of AMI and received persistent beta-blocker treatment for six months after discharge.	Advise member not to stop medication without talking with provider first. Consider ordering a 90 day supply if permitted by member's benefit. There are exclusions for intolerance or allergy to beta blockers as well as conditions listed in next column.	COPD: J44.0, J44.1, J44.9 Hypotension: I95.0-I95.9 Heart Block > 1st degree: I44.1-I44.7, I45.10-I45.3, I45.6, I49.5 Sinus Bradycardia: R00.1 Chronic Respiratory Conditions due to Fumes/ Vapors: J68.4
LBP - Use of Imaging Studies for Low Back Pain Adults age 18-50 years old with a primary diagnosis of low back pain, who did not have an imaging study (plain x-ray, MRI or CT scan) within 28 days of the diagnosis	Occasional uncomplicated low back pain in adults often resolves within this 28 day time frame. Imaging before 28 days is usually unnecessary. Exclusions to this measure—a diagnosis of HIV or cancer anytime in the patients history or pregnancy during the measurement year. Or a diagnosis of trauma, IV drug use or neurological impairment during the 12 months prior to the low back pain diagnosis.	ICD-10 CM Codes for Low Back Pain: M46.46-M46.48, M47.26-M47.28, M47.816-M47.818, M47.896-M47.898, M48.06-M48.08, M51.16, M51.17, M51.26, M51.27, M51.36, M51.37, M51.46, M51.47, M51.86, M51.87, M53.2X6-M53.2X8, M53.3, M53.86-M53.88, M54.30-M54.5, M54.89, M54.9, M99.83, M99.84, S33.100A-S33.100S, S33.110A-S33.110S, S33.120A-S33.120S, S33.130A-S33.130S, S33.140A-S33.140S, S33.5XXA, S33.6XXA, S33.8XXA, S33.9XXA, S39.002A-S39.002S, S39.012A-S39.012S, S39.092A-S39.092S, S39.82XA-S39.82XS, S39.92XA-S39.92XS