Aetna Better Health of Ohio is proud to partner with Ohio Medicaid and Medicare to provide coordinated health care for Ohioans through the My Care Ohio Program. Aetna Better Health of Ohio has one mission, to help our members live a healthier life. The My Care Ohio program supports our mission by coordinating physical, behavioral and long-term care services for adults 18 and older.

Together, we are helping Ohioans live healthier in the communities where they live, work and play.

I chose Aetna because I heard pretty good positive results about them and I wanted to see how they would do. They had the majority of my doctors and other providers already in the network, so it just seemed like the logical decision to go that way.

I'm bipolar and they have excellent mental health assistance and I also have a wide variety of problems such as a bad heart and diabetes and high blood pressure.

Before I was in with Aetna I spent probably a good close to four years in severe, severe depression. I mean pajamas, fetal position on my bed, jar of peanut butter and a glass of water next to bed.

I tripped and fell getting off the plane in Minneapolis and I have almost no memory of that entire year that I spent in and out of hospitals with major surgeries. I couldn't feed myself. I couldn't eat. I couldn't go to the bathroom.

The services that I received the most that are daily are basically my home health aide as far as you know getting up in the morning, going to bed at night, just preparing meals, transportation, all that kind of stuff. I thought it was a little intrusive at first. And they want to come to my house and they want to talk to me and they want to help scheduling me appointments and it was a little overwhelming. Little did I know it would probably end up saving my life.

Aetna and every provider and myself were all on the same page and we're all working from the same playbook. If I needed a neurosurgeon, I got it. If I needed a brain surgeon, I got it. If I needed an epidural, I got it. Everything I needed, everything that a doctor had suggested that I have, I got.

Right now, Aetna is, is helping me to get a wheelchair repair. He he he. And that is essential for me. Um, because the wheelchair is my main means of mobility. I can't walk. I've never walk.

The case managers that I had with Aetna Better Health giving me the impression that their general advocates for me was getting me to care, equipment, whatever it is that I need.

When somebody shows up on my doorstep and says I from your insurance company and I was just wondering how you are doing, you know, wow.

I love my case manager, Birdie, she is the most wonderful person there is.

I have a high-level physical disability. My, you know, strive is to live as independently as I can and I feel that the case managers and other people I work with it at Aetna have done their best to assist me in that goal.

Not only am I only have a deal primarily with one person, but I can communicate with her and she will communicate with me within a reasonable time frame. She helped me not only find my doctor, if I need something other special care for eye care or dental care.

I had my wheelchair break and within three days, Deb had somebody out there looking to fix it. Those of us who need dependability will have dependability.

I don't had a lot of people in my life so having someone who's actually caring, that I don't even know, maybe I am worth it, you know. And I put forth that effort and I feel better and better each day.

By finding the right doctors, I've lost a little weight. I no longer walk with my cane. So it has improved my health immensely. A year ago the only way I could get from a chair to my bed with a slide board.

I've come back to where I'm able to use a four-wheel walker. I hadn't been able to walk my dogs around the block for two years. I'm able now to make it around the block. I would be in a facility without this type of care. And that really is a scary thought.

If anybody was having a bad experience with their insurance, I would just tell them, all you gotta do is go to Aetna.

So many insurance companies build walls, build blocks. You can't do this and you can't do that. If you do this, it's going to cost you. If you do that, it's going to cost. And they never, ever said anything against what we had to do to get me back to where I was.

Having a good insurance company is, is very important to me. In fact it is essential for me.

And Aetna has been proven to be an insurance company that has a heart.