

Self-Direction

[0:07]

Michael:

Here you are, Larry. A nice little lunch I made for you.

[0:11]

Larry:

Thank you so much, Michael! You are a dear friend.

[0:14]

Michael:

I'm happy to help when I can, but did you know you could hire a Provider to give you Personal Care services like this through your Aetna Better Health of Ohio plan?

[0:21]

Larry:

I had no idea!

[0:24]

Michael:

It's true. They call it Self-Direction. My Mom takes advantage of it through her Aetna Better Health of Ohio plan.

[0:30]

Larry:

Self-Direction? How does it work?

[0:32]

Michael:

In a word, great!

It puts you in charge of the care services you get and who gives them to you.

Your Care Manager will assess whether you need Self-Direction services. If you do, you'll get to decide, in consultation with your Care Manager, what services you need, when and how you get them, and who to hire to give them to you.

[0:53]

Larry:

I decide?

[0:54]

Michael:

Yes. You can have EMPLOYER AUTHORITY, BUDGET AUTHORITY, or both, depending on the care plan you create with your Care Manager.

[1:00]

Larry:

What does that mean?

[1:01]

Michael:

EMPLOYER AUTHORITY means you have the power to hire your care Provider and supervise them. You can fire them if they are not working out the way you think they should. Your Care Manager will set you up with an administrative service that will pay your providers for you and handle all the paperwork, like timesheets, payroll, taxes, billing and record keeping.

You will be your Provider's boss, and you will direct them to give you Personal Care and Home Care Attendant services, to help you with your personal, medical and household needs.

BUDGET AUTHORITY means you have the power to decide how much to pay your Provider, the schedule he or she will work, and how you'd like to receive your services. You just have to stick to the budget amount in your care plan.

When have BUDGET AUTHORITY, you can spend your Provider funds on many different services, depending on what you need, so long as you are able to stay within the budget that you work out together with your Care Manager at Aetna Better Health of Ohio.

[1:51]

Larry:

I like the sound of that. But how do I find my care providers?

[1:55]

Michael:

That's the easy part. Your Care Manager will come to you and show you how.

You can find your Providers yourself, or let them do it for you. They'll even connect you with an agency that can hire, train and supervise your Provider for you, giving them Employer Authority, if you wish.

[2:12]

Larry:

Whatever works out best is fine with me. I just know that with all my medical and personal needs, I'm ready to take back control of my own life.

[2:21]

Michael:

Then you're ready for Self-Direction! Call Aetna Better Health of Ohio right now and put yourself in charge with Self-Direction.