HEDIS measure description
The percentage of COPD exacerbations for members 40 years of age and older who had an acute inpatient discharge or ED visit on or between January 1–November 30 of the measurement year and who were dispensed appropriate medications. Two rates are reported:

1. Dispensed a systemic corticosteroid or there was evidence of an active prescription within 14 days of the event.
2. Dispensed a bronchodilator or there was evidence of an active prescription within 30 days of the event.

*Note: The eligible population for this measure is based on acute inpatient discharges and ED visits, not on members. It is possible for the denominator to include multiple events for the same individual.

Strategies for improvement
- Utilize NCQA coding tips to actively reflect care rendered.
- Outreach members to schedule follow-up visits as need for chronic condition maintenance and exacerbation.
- Talk to the patient about the importance of medication adherence and scheduling follow-up visits, even if the feel better.
- Educate the patient on reducing triggers in their home, school, work, and environment that could exacerbate their condition.
- Coordinate care with specialists such as cardiologists and pulmonologists.

Eligible population
**Ages:** 40 years or older as of January 1 of the measurement year.

Numerator codes
The measure Pharmacotherapy Management of COPD Exacerbation PCE contains a large list of approved NCQA codes used to identify the service or condition included in the measure.

The following are just a few of the approved codes. For a complete list please refer to the NCQA website at [www.ncqa.org](http://www.ncqa.org).

A COPD exacerbation as indicated by an acute inpatient discharge or ED encounter with a principal diagnosis of COPD, Emphysema, or Chronic Bronchitis. Do not include ED visits that result in an inpatient stay.
<table>
<thead>
<tr>
<th>Condition</th>
<th>ICD-10-CM Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>COPD- Recommended Codes</td>
<td>J44.0, J44.1, J44.9</td>
</tr>
<tr>
<td>Emphysema- Recommended Codes</td>
<td>J43.0-J43.2, J43.8-J43.9</td>
</tr>
<tr>
<td>Bronchitis- Recommended Codes</td>
<td>J41.0-J41.1, J41.8, J42</td>
</tr>
<tr>
<td>ED Visits- Recommended Codes</td>
<td>CPT 99281-99285</td>
</tr>
<tr>
<td>Inpatient Stay- Recommended Codes</td>
<td>UBREV 100, 101, 110-114, 116-124</td>
</tr>
</tbody>
</table>

Aetna Better Health® of Pennsylvania | Aetna Better Health® Kids