Kidney Health Evaluation for Patients with Diabetes (KED)

HEDIS® Measurement Year 2020 & 2021 Measures

Measure Description: The percentage of members 18–85 years of age with diabetes (type 1 and type 2) who received a kidney health evaluation, defined by an estimated glomerular filtration rate (eGFR) and a urine albumin-creatinine ratio (uACR), during the measurement year:

- At least one eGFR is required during the measurement period
- At least one uACR is required during the measurement period
  - The uACR is identified by the member having both a quantitative urine albumin test and a urine creatinine test with service dates four or less days apart
- Care must be captured administratively for the KED Measure. Medical record submission will not count.

Eligible Population

- Members 18 – 85 years with type 1 or type 2 diabetes. The following age stratifications are reported:
  - 18–64 years
  - 65 -74 years
  - 75-85 years
  - Total
- Members with evidence of End Stage Renal Disease (ESRD) or who are in palliative care will not be included in the measure.

Strategies for Improvement

Utilize NCQA coding tips to actively reflect care rendered.

- Follow up with patients to discuss and educate on lab results
- Educate on how diabetes can affect the kidneys and offer tips to your patients on preventing damage to their kidneys
  - Controlling their blood pressure, blood sugars, cholesterol, and lipid levels
  - Take medications as prescribed that can protect kidney function (ACE inhibitors or ARBs)
  - Offer education on medications that could be harmful to the kidneys (NSAIDs such as naproxen or ibuprofen)
- Limit protein intake and salt in diet
- Coordinate care with specialists such as an endocrinologist or nephrologist as needed.

Quality Measure Toolkit

AetnaBetterHealth.com/Pennsylvania
Numerator Codes

There is a large list of approved NCQA codes used to identify the services included in the KED measure. **The following are just a few of the approved codes. For a complete list please refer to the NCQA website at [NCQA.org](http://NCQA.org).**

<table>
<thead>
<tr>
<th>Code Class</th>
<th>Codes</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CPT</td>
<td>80047; 80048; 80050; 80053; 80069; 82565</td>
<td>Estimated Glomerular Filtration Rate Lab Test</td>
</tr>
<tr>
<td>CPT</td>
<td>82043</td>
<td>Quantitative Urine Albumin Lab Test</td>
</tr>
<tr>
<td>CPT</td>
<td>82570</td>
<td>Urine Creatinine Lab Test</td>
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</tbody>
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