



## AETNA BETTER HEALTH<sup>®</sup> OF TEXAS



### **Are you treating pregnant members with substance use disorder or infants with neonatal abstinence syndrome (NAS)? We can help.**

You can refer members to Aetna Better Health Care Management (CM). We have an integrated CM program to support and engage members to manage their condition.

This program includes:

- Coordination between your staff and us to identify members during pregnancy or discharge
- Delivery of appropriate care, eliminating potential delay
- Assistance with scheduling follow-up appointments
- Discharge follow-up to ensure member understands discharge instructions, including medications, available treatments and resources

Call Member Services at **1-800-306-8612** (Medicaid Tarrant), **1-800-248-7767** (Medicaid Bexar), **1-800-245-5380** (CHIP Tarrant), **1-866-818-0959** (CHIP Bexar) to refer a member or if you have questions. You can also email a referral to the Care Management department at [MBUTXCMLReferral@aetna.com](mailto:MBUTXCMLReferral@aetna.com).

We appreciate your support of this program.